



Public Health
Sheboygan County
Division of Public Health

SCAN WORKSITE WELLNESS SUB-COMMITTEE/WORKGROUP MEETING MINUTES

DATE	Friday, February 14, 2014	AT	Health and Human Services
PRESIDING	Jean Pittner	PRESENT	Jean Pittner, Dawn Kind, Kelly Boeldt, Kevin Donnelly, Amy Betke
RECORDER	Amy Betke	EXCUSED	Jeri Dreikosen
NEXT MEETING	Friday March 7, 2014	GUESTS	Andrea Nabak, Intern

GOALS:

ITEM	DISCUSSION/CONCLUSION/RECOMMENDATIONS	ACTIONS
PAST MINUTES AND INTRODUCTIONS	No discussion.	
OLD BUSINESS 1). How Corporate "Wellness" can trim your Bottom Line.	Review of event offered this last month in the Ozaukee area. Kevin attended and has shared details via e-mail. This option was discussed as a potential workshop to offer Sheboygan area businesses. This Workshop has a keynote speaker of Dr. David Smith and 4 other presenters, each speaking for 15min. . The workshop lasted approximately 1and 15min. Jean and Amy did research on the 4 presenters and details were shared with the group.	Table the format of event at this time.
NEW BUSINESS 1). Teleconference with Jessica Raddemann , Executive Director of the Wellness Council of WI.	Jessica's Company is WELCOA. (The Wellness Council of America) WELCOA has developed a patented Well Workplace process based on studies and promotions of America's Healthiest Companies. The presentation would provide an overview of the seven benchmarks and discuss how to apply the concepts in a variety of workplace settings. An operating plan would also be reviewed, to serve as a roadmap to guide a company's efforts and investment in	Informational.

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	workplace wellness. Her interactive session, would review how to take essential forms of data and develop an operating plan to drive an organization's wellness program forward. Jessica would charge only for gas mileage from the Milwaukee area that day.	
2). Group discussion: Programming options/opportunities for Worksite Wellness for the spring of 2014.	<p>Dawn shared the "weak" links she has observed with the companies she has been involved with. These include: how to apply workshop information in their businesses, how to evaluate data, thus defining success, and what to do with the data a company collects.</p> <p>The tentative title for our event will be: Essential components for your wellness program.</p> <p>Group consensus is that we should go with Jessica from WELCOA as our speaker. Site location- UWS was suggested, as it is centrally located.</p> <p>Sponsorship for food from Prevea, Aurora and Sargento.</p>	Jean will continue to work toward planning this event with sub-committee members for back-up/input. Jean Pittner will make contacts with Jessica, to confirm potential date of workshop, UWS to secure the Wombat Room, and catering services at UWS for breakfast options.
3). Worksite Wellness Questionnaire via Survey Monkey	<p>Committee decision to send a survey out via the Sheboygan Area Chamber of Commerce and also businesses who took part in the 2013 workshop at Sargento to see what our audience is looking for. Input was requested regarding the following questions:</p> <p>Title idea: Sheboygan County Worksite Wellness opportunity</p> <p>Thank you for attending last year's Work Site Wellness program offered via the Sheboygan County Activity and Nutrition coalition (SCAN) April 2013. Please take a few minutes to answer the following questions to better assist us to plan for another program in 2014 with emphasis on <i>How Wellness can trim your Bottom Line!</i></p> <ol style="list-style-type: none"> 1. Did you use any of the information in the <i>Worksite Wellness</i> 	Jean and Amy to develop and send to the Chamber.

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	<p><i>Toolkit</i> that was presented? Y or N</p> <p>2. As a result of attending the program did you initiate a worksite wellness program, or expand an already existing program? Y or N</p> <p>3. What information have you used from the workshop and what was the outcome?</p> <p>4. Would you attend another program that would expand on the information that was presented last year? Y or N</p> <p>If yes: What topic(s) would you like included?</p>	
ROUND TABLE		