

## Sheboygan County Activity and Nutrition Coalition (SCAN) MEETING Minutes – June 30, 2016

Division of Public Health						
		June 30, 2016, 8:05 – 9:35 a.m.		Kristine Kath, Diane Liebenthal, Mary Paluchniak, Ryan Laswell,		
		Sheboygan County Health and Human Services		Carolyn Verhage, Erica Gollhardt, Liz Kroll, Beth Nisleit, Darcy		
l		Building Room 372		Vollrath, Kris Fritz, Judi Smith, Amy Giffin, Christine Oleksy, Amber		
		-		Rodgers		
DATE/TIME/PL	ACE		PRESENT			
PRESIDING Amy Betke and Jean Pittner, Co-chairs						
RECORDER	Mary	Paluchniak	EXCUSED	Brenda Zastrow, Libby Holte, Jeri Dreikosen, Vicky Schneider		
Mission Statement: The Sheboygan County Activity and Nutrition Coalition (SCAN) mission is to reduce the incidence of obesity and improve the health						

of children, families, and communities through education and promotion of healthy food choices, nutrition and increased physical activity.

## **Committee Goals:**

- To promote healthy lifestyles for all age groups.
- Serve as a community resource to increase community exposure/education for local events and via the HSC2020 Website.
- Promote and encourage increased participation in the Employee Health & Fitness Day.
- Work to attain Sheboygan Well County designation in conjunction with the Wellness Council of Wisconsin.

AGENDA/TOPIC	DESCRIPTION/DISCUSSION/RECOMMENDATIONS	ACTION/FOLLOW-UP
Employee Health and Fitness Day Awards/Photo (Sherri)	<ul> <li>Trophies were awarded to the winning companies with highest % of participation for a company in their size category both paid and unpaid and their picture was taken for submission to the local newspaper.</li> <li>2016 EE HF Day Results.xls</li> <li>Companies shared what activities were done for H&amp;F Day at their organization.</li> <li>Winners in Paid Time category: Nourish (small), Plymouth Foam (medium), Sartori Company (large), Vollrath (mega)</li> <li>Winners in the Unpaid Time category: Well Nation (small), YMCA (medium), Curt Joa (Large), Sheboygan County (jumbo); SASD (mega)</li> <li>Winners of the Drawing for the Chamber Bucks: Sheboygan County and Curt Joa</li> </ul>	Informational
INTRODUCTIONS (Amy/Jean)	<ul> <li>Liz Kroll Executive Director Sheboygan County Food Bank. Brief review of the Mission of the County Food Bank and how we might partner in many ways, including the pending <i>Food Drive Collection Toolkit</i>. (shebctyfoodbank@att.net)</li> <li>Beth Nisleit, community member. Recently retired from Wigwam HR department (bethacct@charter.net)</li> <li>Amy Giffin, MS, RD, CD, new SASD School Nutrition Supervisor (agiffin@sasd.net)</li> </ul>	Informational. Welcome new Members!!!

AGENDA/TOPIC	DESCRIPTION/DISCUSSION/RECOMMENDATIONS	ACTION/FOLLOW-UP
PAST MINUTES	Review of May Meeting Minutes.	Minutes approved without changes
Review of progress of Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) (Libby)	<ul> <li>Leadership Council Report: June 27, 2016. Reviewing process for fiscal agent. Recommendation for annual meeting with community partner leadership. Next meeting July 25, 2016.</li> <li>As a committee/subcommittee's we need to assure the Focus Areas are being reviewed at regular intervals, which include: Education/Prevention, Access to Service, Coordination/Continuity of Care, and Health Literacy.</li> <li>SCAN HSC 2020 Goals/Coalition: Leadership Council is discussing best process of updating CHIP document. Amy/Jean/Kelly met in May as the first subgroup (Well County) to update progress on CHIP goals.</li> </ul>	Informational Meetings to be established in the future for each of the SCAN subgroups.
HSC 2020 Website Update <b>(Libby)</b>	<ul> <li>Added to website: the new Sheboygan Well County brochure and <u>www.realhappyhour.org</u> website</li> </ul>	Informational
HSC 2020 Press Articles (2016) <b>(Libby)</b>	• Update: In June, Heather Cleveland of Nourish submitted an article: <i>Experiential learning vital to food journey</i> and Kris Fritz did an article titled " <i>How to recharge during the summer</i> " which had ideas for individuals to get some physical activity in their day. Special thanks to Kris for stepping up at the last minute and writing the article.	Informational
Well County Designation Update - <b>(Kelly)</b>	<ul> <li>Process Update: the CEO Breakfast on June 8<sup>th</sup> was a success with 23 CEO's or their designees in attendance.</li> <li>Kelly was unable to attend so Amy provided a short report - attached.</li> <li>HSC 2020 Update on 06.27.16.docx</li> <li>Jane Brill from the Chamber developed a brochure for Well County. <a href="http://www.healthysheboygancounty.org/assets/Uploads/well-county.pdf">http://www.healthysheboygancounty.org/assets/Uploads/well-county.pdf</a></li> </ul>	Informational
Update Evergreen/Jaycee Quarry Trail Map (Phillip Mercier UW Medical Student project/Jon Holcomb) (Jean)	• Update: the Med Student who had been working in on this project has passed it off to another person for completion. Per a recent email update, he noted that the Graphic Design person they had hoped to help finish the project declined the ability to help at this time. It appears that the biggest need in order to finish this project is the graphic design work. Group discussion provided potential leads for this type of assistance.	Jean and Ryan to reach out to this potential graphic design source.
Local Food System Project. (Jean/Amy/Mary/ Ryan)	<ul> <li>Update: Last meeting May 24, 2016 at Jake's Café 2:30 – 4:00 p.m. Liz Kroll updated on this meeting. There was a small group in attendance and the leader Kristen will be retiring. At the next meeting the future of this group will be decided.</li> <li>Next Meeting will be August 16, 2016 at Jake's Café 2:30 – 4:00 p.m.</li> </ul>	Informational
Sheboygan Area School District update (Judy or Stacey)	<ul> <li>Update: Amy Giffin has joined the district, as the School Nutrition Supervisor. Working on infrastructure needs of the district. Discussed PEP Grant submission, awaiting decision projected for this fall. Shared info about the Summer Lunch program – serving approximately 1000 lunches a day over the various sites.</li> </ul>	Informational

C:\Users\betkeafb\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Outlook\JMO3L423\SCAN - Meeting Minutes 6 30 16.doc

AGENDA/TOPIC	ENDA/TOPIC DESCRIPTION/DISCUSSION/RECOMMENDATIONS	
	• June Harvest of the Month: Carrots (on website)both English and Spanish provided. The Harvest of the Month is off in both July and August, and will return in September (Tomato).	
Nourish Updates (Ryan)	<ul> <li>Updates: Nourish is at the Summer Lunch Program on Thursdays promoting a specific fruit or vegetable each week for the 6 weeks. Free classes at the Urban Farm. The next one is July 16 on composting see their website for details.</li> <li>Reminder July 26<sup>th</sup> Farm to Table Tour: Libby, Jean, Amy, Erica, Kelly and Mary signed up.</li> </ul>	
Senior Population Update (Darcy/Erica/Kerri)	<ul> <li>Erica update: Senior Health and Fitness Day Wed. May 25<sup>th</sup> was a success there were over 100 attendees. One of the highlights of the event was the band <i>Unity</i>. Changes for next year include incorporating physical fitness and health into a month long event as Senior Activity Month. Looking at a Friday for the large one day event.</li> <li>Darcy update: Sheboygan County Senior Picnic: Wednesday, July 20<sup>th</sup> – South HS. Vendor fair is 10 am – 2 pm.</li> </ul>	If interested in participating in Senior Picnic contact Darcy.
Employee Health & Fitness Day <b>(Sherri)</b>	Update: see above	
Food Drive Toolkit & DYB Farmers' Mkt. program (Mary/Jean/Amy/ Liz)	<ul> <li>Update: Mary updated the DYB Program is up and running and initial numbers/response has been</li></ul>	Informational Anyone interested in being on the food drive toolkit subcommittee please contact Mary or Jean.
Miler in Training 2016 (Kevin/Mary/ Jean/Amy)	<ul> <li>Ideas/Needs/Goals for 2016: Update re: partnership with South and North High Schools. Donation of funds for culinary equipment from St. Nicholas and food supplies from Aurora were provided to assist with the Nutrition and Fitness Class at South High. Will continue to work with them to develop metrics to measure outcomes.</li> <li>PEP grant applied for by SASD – will hear in September 2016, if this was received or not.</li> </ul>	Informational
CSA resource list project <b>(Ryan)</b>	<ul> <li>Ryan shared information from the Farm to Cafeteria conference he recently attended which is a farm to school initiative. For information <u>http://www.farmtoschool.org/</u></li> <li>Shared info on Winter CSA's – grow produce in the summer and this is processed or stored for later use over the winter months. Currently one in Sheboygan and a 2<sup>nd</sup> to open soon.</li> </ul>	Informational
NEW BUSINESS		

AGENDA/TOPIC	DESCRIPTION/DISCUSSION/RECOMMENDATIONS	ACTION/FOLLOW-UP
Discuss possible upcoming meeting date changes for June and September d/t schedule conflicts.	Discussion: September meeting scheduled for 9.20.16 was changed to last Tuesday of the month: Sept. 27.	Please update your calendars.
Roundtable	Christine: Freedom Run – July 4 <sup>th</sup> Ryan: Urban Farm- Mondays – can come to the farm but need to reserve a date. Thursday 9-noon people can just drop in. Love Inc. – is providing low budget cooking classes – more info to follow. Mary – Plant a Seed – Hospital employees will be donating produce to the Food Bank thru out the growing season. Food Bank – shares with Safe Harbor and other places in addition to food pantries.	
NEXT MEETING	No meeting in July (Summer Break). Next meeting will be August 30, 2016, 8:00 – 9:30 a.m. at Nourish: 1332 S. 13 <sup>th</sup> Street, Sheboygan. Minutes Recorder = <mark>Jeri</mark>	Note date change for August meeting!