



Public Health
Sheboygan County
Division of Public Health

Sheboygan County Activity and Nutrition Coalition (SCAN) MEETING Minutes – May 16, 2017


DATE/TIME/PLACE	May 16,, 2017, 8:05– 9:35 a.m. Nourish 1332 S. 13 th Sheboygan	PRESENT	Ryan Laswell, Kerri Robertson, Erica Gollhardt, Stacie Kuck, Megen Rapp, Jenny Vorpapel, Mary Paluchniak, Judi Smith, Darcy Vollrath, Joni Thoresen, Anne Gamoke, Lauren Smith, Maria Liesegang, Jean Pittner and Amy Betke
PRESIDING	Amy Betke and Jean Pittner, Co-chairs		
RECORDER	Ryan Laswell	EXCUSED	Amy Giffin, Brenda Zastrow, Chad Pelishek, Dawn Kind, Donna Wendlandt, Jeri Dreikosen, Jon Holcomb, Kelly Boeldt, Kris Fritz, Kevin Donnelly, Sherri Samuels-Fuerst, Diane Liebenthal

Mission Statement: The Sheboygan County Activity and Nutrition Coalition (SCAN) mission is to reduce the incidence of obesity and improve the health of children, families, and communities through education and promotion of healthy food choices, nutrition and increased physical activity.

Committee Goals:

- To promote healthy lifestyles for all age groups.
- Serve as a community resource to increase community exposure/education for local events and via the HSC2020 Website.
- Promote and encourage increased participation in the Employee Health & Fitness Day.
- Work to attain *Sheboygan Well County* designation in conjunction with the Wellness Council of Wisconsin.

AGENDA/TOPIC	DESCRIPTION/DISCUSSION/RECOMMENDATIONS	ACTION/FOLLOW-UP
INTRODUCTIONS (Amy/Jean)	Guests: Two Mt Mary Univ. Dietetic Interns working with the SADS School Food System – Sanda Corvian and Christine Novak. Two new members: Rachel Lewinski (Fitness/Sports Core) and Janelle Schirmer RDN from Prevea/HSHS St. Nicholas Hospital will hopefully be able to join us at the August meeting.	Informational
PAST MINUTES	<ul style="list-style-type: none"> • Any Changes to the 4.18.17 Meeting Minutes. No comments. 	Approved as written
Review of progress of Community Health Assessment (CHA) and Community Health Improvement Plan (CHIP) (Libby)	<ul style="list-style-type: none"> • Leadership Council Report: last meeting held April 24, 2017 and CHA update (Libby) • Secondary data report under way. Additional community data needed, i.e. community input from Sheboygan County citizens –“What matters to you”. • Two AHEC students will be working with Public Health for the summer. One of their assignments will be helping gather community data, such as at the farmers market, Festivals, Parades, etc... to find out the goals of Sheboygan County citizens. • Kim Whitmore from Ujima United was chosen to help us facilitate our Call to Action and help us start our CHIP for 2018-2020. She has been helping the city of Milwaukee with their CHIP and we were very impressed by what she brings to the table. 	Informational

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<p>HSC 2020 Website Update (Jenny)</p>	<ul style="list-style-type: none"> Update: Road America Fitness Options Their 4 miles of fitness events happen every Monday and Wednesday evenings from 6-8pm, May-September. http://www.roadamerica.com/experiences/4-miles-of-fitness.html They are also installing a disc golf course which will be open in conjunction with the 4 miles of fitness events. http://www.roadamerica.com/experiences/discgolf.html No Pets, skateboards, or scooters are allowed; see website for fees and information. Added Food Drive Tool Kit to website <div style="text-align: center;">  Sheboygan County Food Drive 5 Toolkit F </div>	<p>Informational</p>
<p>HSC 2020 Press Articles (2017) (Jenny)</p>	<ul style="list-style-type: none"> Update: There are openings for Press Article: 3 in June NEED an article due 1 week from today. This article will run the first Wednesday of the Farmers Market. Openings also for 2 weeks in August, and 3 of 4 weeks in September. The Article needs to be 500 words or less. Jenny's email: Jennifer.Vorpagel@SheboyganCounty.com 	<p>-Beth Teunissen MS, RDN from Public Health will write article re: using the FM Mkt. -Email Jenny with any desire to write any of the upcoming Press articles (see email address to the left)</p>
<p>Well County Designation Update – (Kelly/Kevin/Amy)</p>	<ul style="list-style-type: none"> Process Update: report from last subcommittee meeting May 2, 2017. April 19th Well Workplace University – 7 Benchmarks of Success was presented by WELCOA. There were 25 in attendance, representing 16 companies. Evaluations were VERY positive. Next training scheduled for Wed. 5/31/17 at Bemis. Bill Marklein, formerly of the Chamber, will be presenting on Creating a Culture of Wellness Using Emotional Intelligence. He will present on the Four Major Parts of Emotional Intelligence: self-awareness, self-management, social awareness, and social management. Libby reported that the Fee for the speaker on May 31st can be billed thru the YMCA/Well County Account vs HSC 2020 Leadership Council. New Committee Member: Janelle Schirmer RDN from Prevea/HSHS St. Nicholas Hospital 	<p>Informational.</p> <p>Anyone can sign up for the May 31st event. Contact Kelly Boeldt with questions.</p>
<p>Evergreen/Jaycee Quarry Trail Map (Initially Phillip Mercier UW Medical Student project/Jon Holcomb) (Jon)</p>	<ul style="list-style-type: none"> Updates: Jon was unable to attend today d/t work schedule. He will try to present an update at our next SCAN meeting in August. 	<p>Informational.</p>
<p>Sheboygan County Food Bank Update (Lauren)</p>	<ul style="list-style-type: none"> Stamp out Hunger took place May 13th. Very happy with the results of the collection. The Coastal Young Prof. group worked with area High school girls to help sort and pack some of the food collected. There are 5 more groups coming in to help sort and pack donations. 54,000 lbs. of food collected in the one day event. Making Spirits Bright run/walk being planned for Nov 18th at Evergreen Park. Run begins at 4:15pm, walk at 5pm, event planned to last until ~ 6:00 p.m. 	<p>Informational.</p>

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	<ul style="list-style-type: none"> • August SCAN meeting, August 22, 2017 (changed date from previous August 15th), to be hosted at Sheboygan County Food Bank – 3115 N. 21st, Sheboygan 	
Sheboygan Area School District update (Judy) Head Start – (Joni)	<ul style="list-style-type: none"> • May Harvest of the Month (HOTM): Legumes • Grant for freezer came in, used to replace two 50 year old freezers. \$40,000 helped to install a serving line at Longfellow. The food served will now be warmer for the students, than the previous system. • Two Dietetic interns were valuable helping with various projects. They have done presentations for the Jackson School running club, and working on HOTM ideas for next year. • The Interns worked on materials from PEP grant, along with Nourish programing in the 1st and 5th grades/SASD. • Safety data sheets created for 24 schools. • See Amy Giffin for summer lunch program information. • Judi going to Chicago to attend the United Fresh Produce conference. • Joni shared: USDA meeting for regulations in Madison was attended; Graham crackers are no longer considered a healthy snack choice for pre-schools according to revised regulations. She is working on new snack options. 	<p>Informational.</p> <p>Contact Amy G. if you can help out with the Summer lunch program and/or if you need further info.</p>
Nourish Updates (Ryan)	<ul style="list-style-type: none"> • Farm to Table Tours – Can sign up online via Facebook page: use the event bite link. • Corporate Farm to Table Tours – contact Nourish for registration. • Summer Lunch Volunteers 6 sites, Wednesdays, 1 hour over lunch time, are needed. • The Sheboygan County Family Nature Club visiting Educational Urban Farm, look for on Nourish Facebook events. Bookworm Gardens is the Sheboygan County link to the RIVEREDGE Nature Center located in Saukville http://www.riveredgenaturecenter.org/family-nature-clubs/. • Open volunteer hours from 9 a.m. – Noon at Nourish Educational Urban Farm on Thursday mornings May-September. 	Contact Nourish for further information &/or with the desire to volunteer.
Senior Population Update (Darcy/Erica/Kerri)	<p>Darcy: They are once again expecting a good turnout for the ADRC’s Senior Picnic and Vendor Fair. The event will be held July 19th from 10:00 a.m. to 2:30 p.m. at the South High School Commons. This year’s theme is <i>USO Dance Party</i>. There are still vendor booth slots available; there is a small fee to participate in the Vendor portion.</p> <p>Kerri: Senior Health and Fitness Day will be held August 19th at Fount Park. Their goal is to provide a more intergenerational community event this year, including and engaging both youth and adults. There will be high school dancers, from the Oostburg H.S. Dance team joining the senior dancers for the event.</p>	<p>Contact Darcy if your organization is interested in providing and educational booth at this event.</p> <p>Informational.</p>
Employee Health & Fitness Day (Sherri/Christine O.)	<ul style="list-style-type: none"> • Neither Christine nor Sherri was present for today’s meeting. Employee Health and Fitness day will be tomorrow May 17th. 	Updates re: activities and awards will be provided at the June SCAN meeting.
DYB Farmers’ Mkt. program and Small Steps	<ul style="list-style-type: none"> • Mary: They are planning to work again on the data gathering process piece for the DYB program. A planning meeting will be set for getting the logistics and measurement piece in place. Mary is working with Laura A. from FoodWise re: the Double Your Bucks program at the 	Mary will get a meeting scheduled for this subcommittee (as from last

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program/Donation for FM Mkt. (Mary/Jean/Amy Laura A.) FoodWise (Laura A.)	market and educational opportunities. <ul style="list-style-type: none"> • Maria: First Summer Farmers Market will be Saturday June 3rd; there will be a local band and a ribbon cutting at the opening day event. Vendor applications are being processed. • The Plymouth Local Food Fair was held last week including a plant sale and African Drum event. • Farmer's market/SCIO is doing a cooking show; airs on TV channel 8 –WSCS. • Jean: United Healthcare (<i>Small Steps Program</i>) donated 250 \$5.00 vouchers for use at the Farmers Market. The vouchers will be split 50:50 between the Community Health Clinic and Sheboygan County WIC families. WIC families who are unable to use the DYB program and those with larger families will be the most likely recipients. • Laura from FoodWise –Univ. of WI – Extension was unable to attend. 	year). FoodWise update tabled for August meeting
North/South HS partnership and Walk/bike to school event (Kevin/Mary)	<ul style="list-style-type: none"> • Update re: partnership with South and North High Schools – Kevin and Mary met re: data collection for 2nd semester class offering @ the two SADS High Schools. Planning for classes which are to resume 2nd semester/spring 2018 • Walk/Bike to School initiative tabled until May 2018. 	Informational
Plymouth Wellness Initiatives (Carrie, Anne, Michelle)	<ul style="list-style-type: none"> • Kidshape in the classroom is being offered as a pilot to two 1st Grade classes at Fairview in Plymouth. 41 families signed up; the program was modified for a school setting. Includes nutrition (MyPlate) and fitness pieces & family focus. The program reviews healthy living, healthy community, healthy culture, healthy grocery shopping and hosts a meal for the families in the program. • School gardens are up and running. This year the focus will be on plants that can be harvested and used when the students are back in the classroom in the fall (i.e. Kale, Brussel sprouts, squash). • DPI audit done and results were reported as overall very good. No reported significant issues and few good suggestions for moving forward. 	Informational
City Planning Grant Initiative (Nancy or Chad)	Neither Nancy nor Chad was able to make the meeting. Amy reported via Nancy that it is anticipated to know more about their first project in June.	Tabled for next meeting.
Local Food System Project (Liz/Judy/Mary)	<ul style="list-style-type: none"> • Judy reported that the group's next meeting will be held at Nourish from 2-3pm May 22nd. Will work on the planned structure of the project and specific committees. 	Informational
Reminder: Dates and Minute Recorders for 2017	2017 Dates & Minutes Recorder: January 17 th Lauren Smith February 21 Liz Kroll March 21 Michelle Urbanek April 18 Megan Rapp May 16 Ryan Laswell – Will be held at Nourish June 20 Sherri Samuels-Fuerst July -----No Meeting ----- August 15 Taylor Haeffele (Need a replacement/no longer active member).	Let Amy or Jean know if can't take minutes or try to switch dates with someone. Any Volunteers to record minutes in August? Note: August meeting will be @ the Sheboygan County Food Bank.

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	September 19 Vicky Schneider October 17 Amy Giffin November 21 Christine Oleksy SCAN Mtg Cancelation Policy: if the Sheboygan Schools are closed d/t weather, we will NOT hold SCAN meetings.	
NEW BUSINESS		
Thank You Carolyn for your years of service!	Carolyn Verhage has resigned as an active member. We thank her for her many years of Service to SCAN. She will remain on the email list, and has been encouraged to volunteer as desired for projects or HSC2020 Press Articles.	Informational
June Meeting: will be limited agenda.	Awards ceremony and picture opportunity for the award winners from Employee Health and Fitness Day; will be held in room 372 here at the Health and Human Services building.	Informational
August Meeting date and location changes	No meeting the month of July; will reconvene in August; therefore the next meeting will be 8.22.17: NOTE DATE CHANGE from previous 8.15.17 and will be held at the Sheboygan County Food Bank.	
RoundTable:	Michelle Urbanek: Manitowoc YMCA, Chamber and Holy Family partnered to create a subcommittee to work to expand their Employee Fitness Day in Manitowoc. Lots of open events (FREE use) at various places around the area to get people to know about opportunities offered for activity. Goal is to promote more engaged work places, families and community.	Consider these options for next year's Employee Health and Fitness day.
	Judi Smith: would like to start a subcommittee to work on food resource support for families who are eligible for aid or support for food, school lunch, etc. There is a large discrepancy in the number of people who would qualify for assistance vs the number of people enrolled.	Watch for details re: subcommittee involvement.
	Michelle Urbanek: Community car seat event this Thursday 3:30-6pm at Van Horn, there will be a good number of certified checkers available.	Informational
	Stacey: Recently took a Wellness position with Dirker Chiropractic. They will be holding free wellness programs. Topics range from reducing inflammation, to gut health, etc. Approach their clients in a holistic way with a goal of disease prevention. .	
	Ryan: Nourish and Senior center will be planting gardens in the near future.	
NEXT MEETING	Next meeting date: June 20th, 2017; 8:05 – 9:35 a.m. @ the Health and Human Services Building Room 372. Sherri Samuels-Fuerst will be the minutes Recorder.	