

## SCAN Coalition MEETING Minutes 10.29.14

| Sheboygan County<br>Division of Public Health |                            |                                    |  |   |  |
|---|----------------------------|------------------------------------|--|---|--|
|   | Wednesda                   | y October 29, 2014, 8:00 a.m.      |  | Amy Betke, Nicole Hamilton, Brenda Zastrow, Diane Liebenthal, |  |
| Room 106 Health and Human Services Building   |                            | Health and Human Services Building |  | Brooke Artabasy, Mary Paluchniak,                             |  |
|   |                            |                                    | Jeri Driekosen, Kelly Boeldt, Darcy Vollrath, Kevin Donnelly, Kris |   |  |
|   |                            |                                    |  | Fritz, Stacey Richter, Jean Pittner, Carolyn Verhage          |  |
| DATE/TIME/PLACE                               |                            |                                    | PRESENT  | Guests: Jean Bienemann, Libby Holte                           |  |
| PRESIDING                                     | Jean Pittner and Amy Betke |                                    |  |   |  |
| RECORDER                                      | Jean Pittner               |                                    | EXCUSED  | Sherry Samuels-Fuerst   |  |

Mission:

## Goals:

| AGENDA/TOPIC   | DESCRIPTION/DISCUSSION/RECOMMENDATIONS  | ACTION/FOLLOW-UP  |
|--|---|---|
| INTRODUCTIONS  | <b>Guests:</b> 1. Libby Holte, newly hired Health Educator @ Sheboygan County Public Health.<br>2. Jean Bienemann, Program Supervisor @ Sheboygan County Public Health & Chairperson for the<br>Healthy Sheboygan County 2020 Steering Committee.   | Informational   |
| REVIEW OF<br>MINUTES   | Changes/Corrections to Sept. 30 <sup>th</sup> Meeting minutes?  | No noted changes at this time.  |
| Review Results from<br>Community Health<br>Assessment (CHA)<br>(Jean Beinemann)                    | Power Point Presentation to summarize Community Health Assessment Results: Community Health<br>Improvement, Call to Action Meeting held October 2, 2014.  | Informational.<br>Refer to attached copy of<br>slides from presentation.                                |
|  | For more information go to website link below:<br>http://www.healthysheboygancounty.org/hsc2010/home/community+health+needs+assessment/default.   | SCAN<br>10-29-2014.pdf  |
|  | asp<br>Information will be useful for the next step, the Community Health Improvement plan. Coalition input will<br>be valuable in the process.   | Refer to website link for<br>more detailed results<br>information from the CHA.                         |
| HSC 2020 Website<br>Update <b>(Jean</b><br><b>Bienemann)</b>                                       | Continue to work with Cody Gaeth, a LTC Graphic Arts student, and Brad Fleming. Brad his since moved to Anchorage AK, however is continuing to help finish up the project via long distance communication. There is currently a mocked-up test site which was shown to those present; very positive feedback received. New site will be much more 'user friendly', and the layout itself is more appealing. The goal is to have the new site "live" in ~ one month. | Informational   |
| Promotion of Family<br>Activities for the Winter<br>Months for Sheboygan<br>County <b>(Brooke)</b> | Brooke updated the coalition on progress with this project. She had received a copy of Fall/Winter Activity sheet with ideas that was handed out from an area school. In addition she had updated maps of area hiking, snow shoeing, CC Ski trails etc Members made suggestions re: Ice skating rinks, bowling as additional ideas to include. Jean P. reported that Joe Kerlin is the new Park Director for the City of  | Let Brooke know about any<br>additional ideas. She will<br>continue work on finalizing<br>this project. |

C:\Users\staubrrs\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Outlook\JV8K51Z4\SCAN Meeting Minutes 10 29 14.doc

| AGENDA/TOPIC  | DESCRIPTION/DISCUSSION/RECOMMENDATIONS  | ACTION/FOLLOW-UP  |
|---|---|---|
|   | Sheboygan, he may know about the status of outdoor Ice rinks in the area. Links to maps for the trails could be included on the handout and Coalition web page. Lots of excellent resources will be made available to area residents!!  |   |
| HSC 2020 Press<br>Articles (for 2015)<br>( <b>Jean)</b>   | Publication Dates:January 7 <sup>th</sup> , Healthy Eating for the New Year (Prevea RDN's): Submission due date 12.17.14January 21 <sup>st</sup> , Staying Active in the Winter months (Brooke): Submission due date 12.31.14February 21 <sup>st</sup> , Staying Active in the Winter months (Brooke): Submission due date 12.31.14February 21 <sup>st</sup> , Staying Active in the Winter months (Brooke): Submission due date 12.31.14February 11 <sup>th</sup> , Heart Health (Carolyn): Submission due date 1.21.15March 11 <sup>th</sup> , Nutrition Month topic (TBD or SCAN RDN): Submission due date 2.18.15April 22 <sup>nd</sup> , Employee Health and Fitness Day (Sherri): Submission due date 4.1.15Articles need to be no more than 500 words, and can be submitted to Jean or Amy by submission due date. | Informational.<br>Any other members may<br>commit to any other dates,<br>as long as the date is open<br>thru the year.  |
| Art Culinary Car &<br>Healthy Living School<br>located in Sheboygan<br>Falls <b>(Stacey and</b><br><b>Brooke)</b> | Stacey spoke with Heather from Nourish; they have now merged with Restoration Farms, and are in the planning stages for programming in the future. Heather will keep Stacey posted with any updates. These two groups will also be involved with the <i>Healthy Living</i> program, which is currently in the infant stages, in Sheboygan Falls. [from previous minutesRichard and Kristine Bemis are the co-owners of the property that is being looked at for this project. The Bemis's would like to have an educational facility to promote healthy living and nutrition on property that they own in Sheboygan Falls.]<br>Brooke reported that she has a meeting planned with Craig in January (the contact from Restoration Farms).   | Stacey and Brooke will keep<br>coalition updated with any<br>new progress, events etc   |
| Well County<br>Designation-<br>Subcommittee Meeting<br>update <b>(Kelly)</b>                                      | Kelly provided an update of last subcommittee meeting (see attached summary<br>of recent strategic planning session). Sherri and Jeri are working to start the process in their<br>organizations to allow them to be mentors in the future to other organizations joining in the<br>effort. Jeri reported it is a daunting task, but will be worth it in the long run.  | Next <i>Well County</i><br>subcommittee meeting with<br>be held Monday Nov. 17 <sup>th</sup> at<br>Prevea Clinic in Plymouth<br>from 9:00 a.m. to 10:30<br>a.m. |
| Meeting Minutes<br>Rotation   | <b>Minute taking Rotation:</b> Brooke A., Amy B., Kelly B., Lindee B., Kevin D., Jeri D., Kris F., Nicole H., Diane L., Mary P., Jean P., Stacey R., Sherri S.F., Vicky S., Sarah S., Carolyn V., Darcy V., Brenda Z. If you cannot make a meeting that you are assigned to take minutes at, it would be your responsibility to find a replacement. Prepared minutes can then be forwarded to Jean or Amy to be sent out to all members.  | Brooke will start the new<br>process at the January 2015<br>Coalition meeting.<br>Include minute taker on the<br>Agenda sent out prior to the<br>meeting.       |
| Sheboygan Fit Body<br>Boot Camp <b>(Stacey)</b>   | Stacey made a contact to Brent Neevel at Sheboygan Fit Body Boot Camp. His goal is to " <i>help area</i><br><i>residents lose 10,000 pounds by 2020.</i> " Various classes and programming offered for all fitness levels.<br>Stacey reported that he did not offer any nutrition advice, however he did say he would like to partner<br>with area Dietitians' at some point.<br>Group discussion concurred that we should probably have a "disclaimer" of some type on the exercise  | Diane will check on wording<br>appropriate for informational<br>pieces used with the<br>coalition and on the website.<br>Will add Sheboygan Fit Body            |

C:\Users\staubrrs\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Outlook\JV8K51Z4\SCAN Meeting Minutes 10 29 14.doc

| AGENDA/TOPIC  | DESCRIPTION/DISCUSSION/RECOMMENDATIONS   | ACTION/FOLLOW-UP  |
|---|--|---|
|   | handouts, communicating that we don't necessarily endorse the products or services offered by the organizations listed on the informational pieces.<br>Question re: CrossFit exercise opportunity in the community was on the Exercise handout? - CrossFit Sheboygan was added when Stacey updated the Exercise pieces in the spring 2014.   | Sheboygan Fit Body Boot<br>Camp to be added to<br>handout/website.<br>Informational   |
| NEW BUSINESS<br>OK2ASK Health<br>Literacy Campaign in<br>Sheboygan County<br>(Jean Bienemann) | OK2Ask campaign came about as a result of the Health Literacy Coalition focus group studies.<br>Excellent promotional materials were developed to get the word out re: it is OK to ask questions<br>regarding your health care, medications, insurance, advanced directives, etc These promotional<br>materials were made available via a sizable donation from St. Nicholas Hospital for the printing<br>costs. Order forms attached below can be faxed to Sheboygan Co. DPH: 920.459.0529.   | Refer to attachments to<br>order and help distribute<br>materials to use with those<br>you serve, and/or<br>community organizations<br>you are involved with. |
|   | 0133_0001.pdf 0132_0001.pdf  |   |
| Meeting Schedule for<br>2015<br>(Jean)  | 2014 Schedule: Wednesday February 19 <sup>th</sup> , Tuesday March 25 <sup>th</sup> , Wednesday April 30 <sup>th</sup> , Tuesday May 20 <sup>th</sup> , Wednesday August 13 <sup>th</sup> , Tuesday September 30 <sup>th</sup> , Wed. October 29 <sup>th</sup> .<br>Committee Feedback for next year's schedule: we will keep the meetings to the end of the month, alternating between Tuesdays and Wednesdays to allow for attendance by a variety of members (d/t work schedules that only allow attendance on one or the days of the week).<br>Tentative Schedule for 2015:<br>Tuesday January 27, 2015 : Minutes - Brooke<br>Wednesday February 25, 2015 : Amy<br>Tuesday March 24 : Kelly<br>Wednesday April 29 : Lindee<br>Tuesday May 26 : Kevin<br>Wednesday June 24 : Jeri<br>No Meeting in July : N/A<br>Tuesday August 25 : Kris<br>Wednesday September 30 : Nicole<br>Tuesday October 27 : Diane<br>No meeting in November or December :N/A | Please add to your 2015<br>schedules!<br>Amy will check on room<br>availability.  |
| Medical School student<br>from the UW: Phillip<br>Mercier <b>(Jean)</b>                       | <ul> <li>Jean reported that Phillip Mercier is a medical student completing one of his Family Medicine Rotations thru the UW at the Aurora Clinic in Howards Grove. He was looking for a project as part of his rotation that would `<i>positively influence the general health of the community'</i>.</li> <li>He has decided to do mapping, with signage of the Evergreen mountain bike trail system.</li> <li>Emily Vetting (Sheboygan County Planning and Conservation) put him in contact with Joe Kerlin, Superintendent of Parks and Forestry for the city to discuss this project. Evergreen Park is under</li> </ul>  | Informational<br>Phillip will keep coalition<br>updated on his progress with<br>this project.   |

C:\Users\staubrrs\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.Outlook\JV8K51Z4\SCAN Meeting Minutes 10 29 14.doc

| AGENDA/TOPIC  | DESCRIPTION/DISCUSSION/RECOMMENDATIONS  | ACTION/FOLLOW-UP  |
|---|---|---|
|   | Joe's direction.  |   |
| Sheboygan County-<br>wide Recreation Maps<br>(Jean) | New Sheboygan County Recreation maps were shown and copies distributed to group. Map includes<br>Public Access Points for: County maintained boat landings, Non-County maintained boat landings, Canoe<br>launch; & Trailheads (Interurban trail, Old Plank Road Trail, State Park Trails, and Ice Age Trail). In<br>addition a list of "Things to Do", by location is included on the map. Maps are available at no cost via<br>Emily Vetting, Associate Planner, Planning & Conservation Department:<br><u>emily.vetting@sheboygancounty.com</u> or 920.459.3062 (This is in addition to the Sheboygan County Bike<br>maps available from Emily as wellmost recently updated this year to include the updates to the Urban<br>Rec. trail; handed out at the May Coalition meeting). | Informational<br>Maps available in standard<br>map size and pocket/purse<br>size.                 |
| <b>ROUNDTABLE</b><br>Mary                           | Mary reported that <i>Operation Gratitude</i> will again take place this year. This is a way to pass<br>along excess Halloween candy as part of care packages to our service men and women.   | Copy sent out to members<br>to distribute and added to<br>website.<br>Informational               |
| Jeri  | Interested new member: Andrea Harrill <u>harri846@umn.edu</u>   | Will add to membership<br>roster, so as to allow her get<br>meeting announcements and<br>minutes. |
| NEXT MEETING  | Tuesday January 27 <sup>th</sup> , 2015 8:00 a.m. at Sheboygan County Health and Human Services Building. Room location to be determined. Meeting minutes recorder: Brooke.   |   |