



HSC 2020 Mental Health Substance Abuse Community Health Committee

Stigma

Thursday August 4th, 2016

AGENDA

DATE:	Thursday August 4th, 2016 8:05am-9am	LOCATION:	Sheboygan Dept. of Health & Human Services, Rm. 372
PRESIDING:	Kate Baer		
PRESENT:	Libby Holte, Connie Bitter, Ann Bachrach, Mary Paluchniak, Kate Baer, Sheriff Todd Priebe, Miva Yang, Pamela Krueger, Jenny Vorpapel		
ABSENT/EXCUSED:			
GUESTS:			
RECORDER:	Jenny Vorpapel		
NEXT MEETING:	Thursday, September 1st 2016 8:05am-9am		

ITEM	DISCUSSION/CONCLUSION/RECOMMENDATIONS
Welcome and Brief Introductions	
Progress on CHIP Goals to date	Support activities, outreach, and marketing for National Recovery Month in September.—Please submit events for the September “Recovery Month” Calendar to HSC2020@sheboygancounty.com
New Initiatives to Pursue	<p>Follow Up Regarding:</p> <ul style="list-style-type: none"> • Telling stories—where are we at with HOP Trainings? Could we expand this? (Libby will check on this.) Kate isn’t sure if any of the other trainers have trained. Kate briefly explained HOP trainings; Evidence based training, learning who, when, and if people with mental illness share their stories. Two trainings have been done with another scheduled in October. Connie expressed that it’s a fantastic idea but is concerned about the 6 hour timeframe for employees to attend. • General Stigma training—Could Kate do a training (1-1 ½ hours) like this for different businesses? Kate is open to doing this after her maternity leave. Libby to see if there is interest in train the trainer for WISE basics. Kate will follow-up with Connie about a Sargento training in November or December. Kate brought up Mindfulness training for employers as well. • Health Care specific trainings-Kate has done training with Public Health, would like to do more, and will be doing stigma in healthcare trainings at LCHC. • Chamber’s “Someplace Better”—Connie reached out to the Chamber regarding info that would be helpful to include in their website, such as putting a link to the Resource book. If anyone else has something else they think should be included, let Connie know. The 3 link resources have been put on the chamber website:

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	<p>MHA http://mhasheboygan.org/resources/ The new 2016 Community Resource Guide will be posted on this site in the near future Substance Abuse Treatment Guide http://mhasheboygan.org/resources/substance-use-treatment-and-recovery-options/ Healthy Sheboygan County 2020 www.healthysheboygancounty.org</p> <ul style="list-style-type: none"> • Trauma-Informed Care? Katy Pruitt has agreed to attend our September meeting to discuss TIC. What questions does the group have for her? Katy wants to know why the group wants to know about TIC. She is also doing a presentation for the full MHSA committee in November. Everyone involved with Stigma, SBIRT and Heroin sub-committees are always invited to the full MHSA committee meeting. The Stigma presentation could be more in depth. The group decided that the entire September meeting will be a TIC training from Katy from 8-9:30am. Libby to contact Katy about September meeting. Pam-Calumet Co has TIC team that is doing a training for schools that she works with on August 22nd. She will share her training experience with the group. • In Your Own Voice Production-- https://www.nami.org/Find-Support/NAMI-Programs/NAMI-In-Our-Own-Voice. Update from Kristine who shared this information with UW theater director, Tom Campbell. She did share this and they're in discussion and don't have updates yet. Open Door doing "In Your Own Voice" training/presentation. • ICU Training for Employees-- http://www.workplacementalhealth.org/Spotlights/ICU.aspx Pam working with employers and sharing this with them. • Other mental health issues to be addressed: Kate can give an update about suicide prevention to the full committee. We will send out information about a suicide prevention conference in Milwaukee in October to the group if anyone is interested in attending. <ul style="list-style-type: none"> ○ Suicide ○ Access to services
Data Related to Stigma Measures/Outcomes	<p>Pat Corrigan will be coming to the STATEWIDE WISE meeting the 16th of August—Any thoughts on questions for him? What measures do we want to see from what our other communities doing to measure a baseline/need for stigma reduction in their community CHIP, etc. Yesterday at state PHN conference a nurse from La Crosse talked about how he's working with Stigma and how to measure Stigma. Libby will be in contact with him to see what they're doing in La Crosse and if we can use their ideas.</p>
<p>OTHER / Don't forget:</p> <ul style="list-style-type: none"> • Education/Prevention • Access to Service 	<p>Mental Health AODA Resource Fair doodle to go out in September for that group to start meeting.</p>

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<ul style="list-style-type: none">• Coordination/Continuity of Care• Health Literacy	
Roundtable	<p>Libby-Let's use the next couple meetings to work on actions we can take based on the brainstorming done in the past 2 meetings.</p> <p>After the next Heroin and SBIRT meetings, Libby will have all the information she needs for the September events calendar.</p>