





# HSC 2020 Mental Health Substance Abuse Community Health Committee

## Stigma




Thursday June 2nd, 2016

## MINUTES

<b>DATE:</b>	<b>Thursday June 2nd, 2016 8:05am-9am</b>	<b>LOCATION:</b>	Sheboygan Dept. of Health & Human Services, Rm. 372
<b>PRESIDING:</b>	Kate Baer, (Mental Health America)		
<b>PRESENT:</b>	Libby Holte, Emily Schirmer, Barb Kolar, Miva Yang, Frank Simac, Pamela Krueger, Shelby Kuhn, Michele Wangemann, Rhonda Gerbert, Ann Bachrach, Mary Paluchniak		
<b>ABSENT/EXCUSED:</b>	Connie Frank, Kristine Feggstad		
<b>RECORDER:</b>	Libby Holte		
<b>NEXT MEETING:</b>	July 7 <sup>th</sup> 8:05-9am at DHHS [1011 N. 8th St., Sheboygan, WI 53081], Room 372		

ITEM	DISCUSSION/CONCLUSION/RECOMMENDATIONS
<b>A. Welcome and Brief Introductions</b>	
<b>Objective 1: "Provide education and resources to increase community awareness of mental illness and substance abuse disorders."</b>	
<b>B. Story of Recovery:</b>	<a href="http://rogersinhealth.org/resources/sarah">http://rogersinhealth.org/resources/sarah</a> The group watched Sarah's story and heard her story of recovery from substance abuse disorder.
<b>C. MH/AODA Resource Fair Evaluations Results Discussion and Community/Committee Engagement for 2017</b>  "Organize and hold a <b>mental health/AODA resource fair</b> to improve awareness of programs and resources in Sheboygan County."	<p>The Full Resource Fair report was given at the full MHSA group meeting on May 19<sup>th</sup>. In summary, approximately 130-140 people attended, with 45 volunteering and 39 vendors. Both the vendor evaluation and participant evaluation results were shared. See below.</p> <div style="display: flex; justify-content: space-around; align-items: center;">   </div> <p>Participant Evaluation Results 2016.docx    Copy of Vendor Response Evals Publi</p> <p>The group discussed the section of the participant evaluation about "resources you were looking for but couldn't find". Post-partum was listed as an area, and Ann indicated that Aurora is starting a support group for post-partum that will be held the 2<sup>nd</sup> and 4<sup>th</sup> Monday of every month from 10-11:30. She will get more information to the group and put the event onto HSC2020's website event calendar. She also indicated that beginning last fall, Aurora had been sending new moms follow up educational series to view online 2 weeks after birth. Also coming to the Sheboygan area is the Welcome Baby initiative through the United Way where mothers will get screened for risk factors and will receive follow up from local resources. The next planning day for this initiative is being held on June 24<sup>th</sup> from 8:30am-12:30pm at HHS in room 372.</p> <p>The group also acknowledge the need to have someone in-person next year to address the financial</p>

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	<p>literacy piece.</p> <p>Vendor evaluation feedback that was discussed related to the time of the event, spacing between the vendor booths, parking, looking for an alternative location next year, and making sure we are inclusive to all sectors of the community when looking for a new location.</p> <p>Next year—the group decided the feedback was strong enough to continue to hold the fair annually. A planning group will start to meet in early fall. The invitation to be part of the planning committee will be extended to the full MHSA group as well as the vendors who previously participated and stated interest.</p> <p><b>**Kate is updating this portion of the CHIP to reflect the groups progress</b></p>
<p><b>D.</b> “Write articles for the HSC2020 column in the Sheboygan Press that focus on the reduction of stigma.” <b>Updates/Comments</b></p>	<p>Libby reported that the article sign-up sheet is full until October. To make sure that the committees have the opportunity to write about current things happening later this year, we are going to hold off until August/September to have any additional authors sign up.</p> <p>Frank’s article will be posted in 2 weeks. Additional articles coming up include one on the resource guide and the There is Hope Walk.</p> <p><b>**Kate is updating this portion of the CHIP to reflect the groups progress</b></p>
<p><b>Objective 2: “Provide continued support for existing initiatives in our community that are working to create a culture that reduces stigma of mental illness and substance abuse disorders.”</b></p>	
<p><b>E.</b> “Support activities, outreach, and marketing for National Mental Health Month in May.”</p> <p>Follow Up regarding activities</p>	<p>Data is being finalized at MHA and will be shared with the group after.</p>
<p><b>F.</b> “Support MHA explore with <b>W.I.S.E.</b> and other successful anti-stigma initiatives in other communities and pick target population/project to develop and implement in Sheboygan County.”</p> <p>Follow Up</p>	<p>MHA has been doing in Health Care specific trainings in the community. Public Health has done the first part of the series, which they will complete this fall. LCHC will also go through the series. Other health care organizations in the community have been reached out to, to participate.</p>
<p>“Support activities, outreach, and marketing for <b>National Recovery Month</b> in September.”</p> <p>➔ There is Hope Walk (Sat Sept. 10)</p> <p>➔ Addiction Awareness Day??</p>	<p>The There is Hope Walk is set to take place on Saturday September 10<sup>th</sup> from 8:30am-12:30pm at Deland Park. This year’s speaker is Chris Prochut—a former police commander with personal experience with depression and passion to create awareness. See the flyer and brochure below:</p>

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<p>➔ OTHER?</p>	<div data-bbox="808 133 871 191"></div> <div data-bbox="1012 133 1075 191"></div> <p>There is Hope Flyer Sat Sept 10 2016.pdf</p> <p>There is Hope Brochure Final 2016.r</p> <p>I love my addict support group will be holding their second annual addiction awareness day event on August 27th. Kelly Kemps is the leader of this event.</p> <p>The group thought it might be a good idea to have the co-chairs of Stigma, Heroin and SBIRT get together to talk about what is going on during National Recovery Month so we can coordinate efforts between the groups.</p>
Co-Chair Discussion	<p>Kate indicated that Sue Thiel stepped down from the group, and she will be on maternity leave towards the end of the summer. She asked the group if anyone would be willing to co-chair or interim chair in her absence. Both Ann and Mary P volunteered to help with the logistics of the group. The group discussed that at the July meeting, the group should focus on brainstorming action steps for the group to pursue—one of those being to look at other communities focused on stigma, and look at their interventions, measurements, etc.</p>
Review of Community Health Improvement Plan	<p><b>**</b>Kate will update the Stigma portion of the CHIP to reflect the group's progress to date.</p>
<p><b>OTHER / Don't forget:</b></p> <ul style="list-style-type: none"> <li>• Education/Prevention</li> <li>• Access to Service</li> <li>• Coordination/Continuity of Care</li> <li>• Health Literacy</li> </ul>	<p>The numbers of suicides in our county were historically discussed at the HSC2020 mental health committee and Kate reported that MHA has still been tracking those numbers. They have developed the "Hope Report" which not only goes over the numbers, but looks at all of the things in the community that is going on to address suicide. This report will be published in the upcoming months.</p>
Roundtable	<p>Pam will show the group what she has been working on to share with employers she works with related to wellness and mental health at the July meeting.</p> <p>Kate reminded the group that on July 7<sup>th</sup>, Sharon S. Richardson is holding their Garden Remembrances event. <a href="http://healthysheboygancounty.org/events/garden-remembrances-a-path-to-healing-from-lives-losses-2/">http://healthysheboygancounty.org/events/garden-remembrances-a-path-to-healing-from-lives-losses-2/</a></p> <p>Mary P shared that there is a Sheboygan County Opioid Roundtable on June 23rd at 5:30pm at UW Sheboygan. The target audience is physicians and other health care providers, EMT's, pharmacists, law enforcement, case managers, health administrators, etc. They are asking that interested individuals RSVP by JUNE 16th to Loree Shiver at (414)630-4775 or <a href="mailto:loree.shriver@amphealth.com">loree.shriver@amphealth.com</a> See flyer below:</p> <div data-bbox="808 1383 871 1442"></div> <p>Sheboygan County Opioid Roundtable In</p>

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