## HSC 2020 Mental Health Substance Abuse Community Health Committee



## **Stigma** *Thursday, March 2<sup>nd</sup>, 2017*Minutes

DATE:	Thursday March 2nd, 2017 8:05am-9am	LOCATION:	Sheboygan Dept. of Health & Human Services, Rm. 372
PRESIDING:	Kate Baer		
PRESENT:	Barb Kolar, Kate Baer, Jessica Miner, Mary Paluchniak, Kristine Feggestad, Ann Bachrach, Jenny Vorpagel, Shelby Kuhn, Stacie Kuck, Sheriff Todd Priebe		
ABSENT/EXCUSED:	Libby Holte		
GUESTS:			
RECORDER:	Jenny Vorpagel		
NEXT MEETING:	April 6 <sup>th</sup> , 2017 (8:05am)		

ITEM	DISCUSSION/CONCLUSION/RECOMMENDATIONS
Welcome and Brief Introductions	
2017 Mental Health & AODA Resource Fair Updates	Invitations went out Monday and Jessica already has several responses. It will be at St. Dominic's Church.  2017 Resource Fair Flyer.pdf
Directory of Community Resources Ask/Support Needed	Locations to get books out—Kate shared the latest list of agencies that have received the book 1,763 have been distributed, 700 left to distribute. Jessica thinks all the churches in the county received some. Connie has suggested working with businesses with on-site centers.  Group discussed whether now we should focus on businesses.  Sheriff Priebe will pick up some copies for probation and parole, and the jail.  Group discussed using Facebook to get the word out, including boosting posts.  Kate's SHRM Meeting —SHRM cannot coordinate anything until 2018. Connie is looking into Kate being able to do a 3 minute video. Group discussed creating the video for SHRM and also posting it on Facebook.
Question, Persuade, & Refer (QPR) Suicide Prevention Goal for 2017	Kate spoke to Adrian O'Neil with the state MHA.  March 29 <sup>th</sup> form 8am-5pm there is a train the trainer QPR training in Glendale that is \$395 per person.  They need at least 10 participants, more information coming next week.  If we want a training at HHS (room 372) need a minimum of 10 people to attend and it is \$1,200-\$1,500 and it is also \$395 per person. Kate will find out what the maximum attendance can be. Kate will also contact Karlyn to see if HHS has any plans to train trainers. Group discussed the benefits of having a train the trainer in Sheboygan versus having Sheboygan area people who are interested to go to Glendale on

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	March 29 <sup>th</sup> . Kate to contact Adrian about scheduling a trainer to come to Sheboygan. Group discussed what different staff at the schools would benefit from being trained. How the training is being paid for is still being worked out. Group decided to look for a weekday in May to have a train the trainer session in Sheboygan.  There is also an online 1 hour QPR training: <a href="https://www.qprinstitute.com/organization-training">https://www.qprinstitute.com/organization-training</a> Mary talked to HSHS employees in western WI. They do a number of QPR trainings in their community (schools, service clubs, and businesses). Last year they educated about 4,000 people. Mary to ask them how they marketed the training to schools.
Thinking Ahead – Outcome measurements, 2018 ideas & discussion	
Roundtable & Follow Up Action Check Out	Suicide Prevention Conference Saturday May 20 <sup>th</sup> at Lake Orchard Retreat there will be a mindfulness event (Save the date)