## HSC 2020 Mental Health & Substance Abuse [MHSA] Community Health Committee **MINUTES**



**ITEM** 

## HSC 2020 Mission:

To improve the health of the people of Sheboygan County leading to a community with "Everyone Living Better, Longer"

DATE:	Wednesday, July 15 <sup>th</sup> , 2015; 9am-10am	LOCATION:	Sheboygan Dept. of Health & Human Services, Rm. 372
PRESIDING:	Kate Baer, (Mental Health America); MaryAdele Revoy, (Family Resource Center); and Suzan Thiel (DHHS Public Health)		
PRESENT:	Liz Abler (DHHS-Public Health Nurse); Jean Beinemann (DHHS); Jon Doll (United Way); Connie Frank (RCS); Jenn Haneman (RCS); Libby Holte (DHHS-Public Health Educator); Kelly Kemps (I love my addict support group); Linda Knebel-Essman (DHHS-IDP); Shelby Kuhn (Aurora-IOP/PHP); Dharmesh Murthy (Aurora); Mary Paluchniak (ST. Nick's); Karlyn Raddatz (DHHS); Suzan Thiel (DHHS-Public Health Nurse); JT (Aurora); Ellen Wells (Probation & Parole); Kurt Zempel (MEG Unit)		
<b>GUESTS:</b>	none		
RECORDER:	MaryAdele Revoy, Family Resource Center		
NEXT MEETING:	9am-10am on Wednesday, August 19, 2015 at DHHS [1011 N. 8 <sup>th</sup> St., Sheboygan, WI 53081], room 372		

DISCUSSION/CONCLUSION/RECOMMENDATIONS Round table introductions and updates on organizations/community events.

Kate Baer/MHA – new person hired to work with youth and continue youth programming. "There is Hope" - Suicide Awareness Walk on Sept 19, 2015 – all are invited to sign-up and volunteer; MHA will have a booth at Sheboygan County Fair & need volunteers for 2 hour time slots. Kate will send around a sign-up sheet for volunteering.

Liz Abler/Public Health – Liz along with Cath Pape (reTh!nk), Jan Scholke (Prevea) and Kristine Feggestad will continue to meet around tobacco education and prevention. They may not meet as frequently but when they do meet there will be an education component to the meeting. Recently AHEC students joined them in conducting an environmental scan of a few places, one nearby a high school in Sheboygan. They learned a great deal about e-cigarettes, vaping, product placement etc.

J.T./Aurora = announced that Norman Shanks, manager for the youth unit will be leaving on July 24, 2015 to work in another facility. He will be missed.

## Welcome and Introductions

Mary Paluchniak/St. Nick's – having their community celebration of their 125<sup>th</sup> Anniversary. It will be on August 4 from 4pm-7pm with a mass by the Archbishop of Milwaukee at 5:30pm. All are welcome. Look for more information on the St. Nick's website.

Connie Franks/RCS = boosted the wellness program at RCS with a broader view on different health issues and bringing in more speakers to talk to clients and staff. They are sending out stigma surveys to staff and participants throughout the month – started this one-two months ago. RCS 60<sup>th</sup> anniversary celebration will be on September 22, 2015 at RCS.

Jon Doll/United Way = looking forward to rolling out PATH this fall in Random Lake; program started in Fox Cities and has great success. United Way also working on a new pilot project in Plymouth with the "Born to Succeed" campaign. It will be expanding the Home Visiting Program provided by the Family Resource Center to more families.

Libby Holte/DHHS = reminded folks to keep submitting items and events to the HSC 2020 website.

Karlyn Raddatz/DHHS = stated that it is budget time for the County; new initiatives or program around ACES and chronic disease; finished up a quick grant

related to building a dementia friendly community-this is to be used as a springboard for more to come.

**Ellen Wells/P&P** = she will be acting as a liaison between programming/community and the Agents. WI Dept of Corrections does not enough programming in all areas, specifically domestic violence, that offenders are ordered to take or need. They have so many clients who need programming and can't get them in. Problem with finding services who want to contract with them. ATTIC Correctional services who was doing their AODA program recently lost the facilitator of the program, but has hired a new manager so things may get better. Ellen has contact information for anyone who wants to research the possibility of getting a contract.

**Linda Knebel-Essman/DHHS** = talked about how many of the participants in the Intoxicated Drug Program are there for marijuana, ambien or opiates, and not for alcohol. Younger clients are usually there for marijuana.

MaryAdele Revoy/DFC Grant Coordinator = Hosting a Recovery Coach training next week-15 community members will be trained and the hope is a Recovery Coaches Network will be formed; participants range in years in Recovery and a few family members of people in recovery; DFC grant along with Acuity donation to Sheboygan Police Department are providing financial support. There will be a National Recovery Month event, "Recovery Rocks" on September 26, 2015 at 1907 Club from 10am-10:00pm. Club members along with other community partners are organizing the event. It will start at 10am-noon with family events. Lunch and dinner will be served. Father & Son will be speaking for the first time along with a woman who is on supervision for related drug crimes. The keynote speaker is Attorney General Brad Schimel. The day will end with a DJ from Milwaukee spinning the tunes from 8:30-10:00pm.

Kelly Kemps/I Love My Addict support group = is hosting a community event on Saturday, August 29 at Fountain Park from 3pm-7pm. Speakers will be: Pathways to a Better Life in Kiel (youth and staff will speak); STOP HEROIN NOW, United We can and Rise Together. There will be a dunk tank, which Kelly hopes can be occupied by some of the more popular teachers/school staff in order to draw the youth. Recently received financial support from a foundation that will pay for everything. Has confirmation from local partners who will set up booths. Will need volunteers to help set up a tent and organize benches. Contact Kelly Kemps at <a href="kelzk@yahoo.com">kelzk@yahoo.com</a> to volunteer or find out more information on the event.

SBIRT Sub-Committee Update (Kate	SIRT Sub-Committee Update (Kate   Summary- had good meeting earlier in the morning, attendance was down but meeting in July is always difficult for folks; looking at Ch		
Baer)	goals to make them measurable and realistic for what can be accomplished in 3 years.		
<ul> <li>Summary</li> </ul>	arriers – need to be able to focus and narrow work to have a clear and attain a CHIP plan.		
<ul> <li>Barriers</li> </ul>	Barriers Celebrations – good fruitful discussion the morning about what Aurora & St. Nick's are doing in the way of SBIRT at this point; good		
<ul> <li>Celebrations</li> </ul>	interest and motivation by attendees.		
• Asks	Asks - email Kate if you want to join the SBIRT subcommittee-she will be sending out next agenda. kate@mhasheboygan.org		
Heroin Sub-Committee Update	Summary - will be having the first subcommittee meeting on Thursday, July 16 from 3pm-4:30pm at DHHS Rm. 372. Will be working on		
(MaryAdele Revoy)	the CHIP plan so it can be finalized by the end of the month.		
<ul> <li>Summary</li> </ul>	Barriers – will need to narrow down the list of activities to make it a realistic plan for the next 3 years		
<ul> <li>Barriers</li> </ul>	Celebrations – thrilled to see over 30 people signed up to be part of this subcommittee and effort to bring back the "Alliance Against		
<ul> <li>Celebrations</li> </ul>	Heroin" which never got off the ground.		
• Asks	Asks – please come to the meeting tomorrow- contact MaryAdele for agenda and other info. mrevoy@frc-sc.org		
Stigma Reduction (Kate Baer)	Summary - confirmed date for first meeting: Thursday, August 6; 8:05am-9:30am at DHHS in Rm 372; some activities will be working on		
<ul> <li>Summary</li> </ul>	the WELL County initiative with the SCAN (Sheboygan County Activity & Nutrition subcommittee); starting to plan another MH & AODA		
• Barriers	Resource Fair – first one at RCS was a success; will be looking into bringing in more trauma informed care training; and MHA has it in their		
<ul> <li>Celebrations</li> </ul>	strategic plan to offer more "Honest, Open & Proud" trainings - this committee may want to help with out with this 6 hour series.		
• Asks	Committee will work on the CHIP plan and any budget items		
	<u>Celebrations</u> – excited that over 30 people signed up to work on Stigma Reduction		
	Asks – please contact Kate if you would like to join the subcommittee. kate@mhasheboygan.org		
Next Meeting Date Time 9am-10am on Wednesday, August 19, 2015 at DHHS [1011 N. 8 <sup>th</sup> St., Sheboygan, WI 53081], room 372			