



HSC 2020 Mental Health Substance Abuse Community Health Committee

Stigma

November 5, 2015

Minutes

DATE:	Thursday November 5 th , 8:05am-9am	LOCATION:	Sheboygan Dept. of Health & Human Services, Rm. 372
PRESIDING:	Kate Baer, (Mental Health America)		
PRESENT:	Sue Thiel, Kristine Feggestad, Mary Paluchniak, Kate Baer, Michele Wangemann, Lake land College student, Mary Karls, Pastor Mark Janzen, Libby Holte, Jean Beinemann, Miva Yang, Ann Bachrach, Jenn Haneman		
ABSENT/EXCUSED:			
GUESTS:			
RECORDER:	Sue Thiel		
NEXT MEETING:	8:05am - 9am on Thursday December 3rd at DHHS [1011 N. 8 th St., Sheboygan, WI 53081], Room 372		

ITEM	DISCUSSION/CONCLUSION/RECOMMENDATIONS
Welcome and Introductions	Welcome to all members! In 2016, Kate will be sending out an email polling members and interested past members about what day/time works best for 2016 Stigma meetings. Many past members told Kate that they have been unable to attend, because of the day and time of the meeting.
Objective 1: "Provide education and resources to increase community awareness of mental illness and substance abuse disorders."	
<p>"Organize and hold a mental health/AODA resource fair to improve awareness of programs and resources in Sheboygan County."</p> <p>Updates on 2016 Date,</p> <p>Review 2015 Vendor List,</p> <p>Review/Discuss Budget</p>	<p>RCS has again stated that they would be able to host the MH/AODA Resource Fair event. Discussion about a date in May, Mental Health Month. Wednesday, May 4, 2016 was decided on. The time will be from 4:30-7:30pm. Many vendors stated that not many people where around after 7:30pm. With RCS schedules, it would work best for a 4:30pm start time for the event.</p> <p>The 2015 MH/AODA Resource Fair had 50 vendors attend. MHA had invited 116 vendors in 2015. The committee decided that MHA will send out the Save the Date to 116 vendors. Members reviewed the vendor listing and are to email Kate with any additional vendors that they think should be invited. Jenny stated that the space could potentially hold up to 100 vendors, if the hall and adjacent rooms were used. A review of the past budget of \$3,500 was reviewed at the meeting. Kate will ask the Leadership Counsel for moneys for the event and will contact the Sheboygan Service Providers for a donation again. Kate stated that many attendees stated that they saw the information about the fair on bus signs. The committee agreed to use the same budget as done for the 2015 event. About 250 people were at the event which included the 30 volunteers, and the 75 vendors.</p> <p>Discussion about having speaker at the event was discussed. Many felt it was not needed as it was hard to hear. Some stated that at having a speaker midway through the event to welcome attendees and vendors</p>

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	to the event and provide some brief education maybe a benefit. This will be considered at a future meeting.
<p>“Support the ‘There is Hope’ walk for suicide awareness and prevention.”</p> <p>Brief report out on stigma question & funds raised</p>	<p>Tabled to December meeting</p>
<p>“Write articles for the HSC2020 column in the Sheboygan Press that focus on the reduction of stigma.”</p> <p>Develop specific timeline for articles including types of perspective, events,</p> <p>Follow up on 6th grade reading level question</p>	<p>Libby discussed articles and the level of literacy that is trying to be obtained. Please see the attached handouts. Articles are needed 2months before they are published.</p> <p>Email Libby at Elizabeth.holte@sheboygancounty.com, if you want a special date for an article, or would like to write an article. Kate will get volunteers to write their recovery stories and have those for the health page also. Libby will work with writers to keep their “voice” in the article while making it health literate.</p>
<p>The Doctor Is In</p> <p>Event Update</p>	<p>Jakes Café, November 12 , 6:30-8pm. See MHA or Healthy Sheboygan websites for details. The space can hold over 100 people. No RSVP required. www.mhasheboygan.org www.healthysheboygancounty.org</p> <p>Kate will be a speaker for Lakeland College’s Haus series of educational talks. The event will be on 11/19/15 at 7pm at JKMA. See MHA website for details. www.mhasheboygan.org</p>
<p>Objective 2: “Provide continued support for existing initiatives in our community that are working to create a culture that reduces stigma of mental illness and substance abuse disorders.”</p>	
<p>“Support MHA explore with W.I.S.E. and other successful anti-stigma initiatives in other communities and pick target population/project to develop and implement in Sheboygan County.”</p> <p>Updates on WISE Collaboration</p>	<p>December 21, and December 22, 2015 W.I.S.E. will be holding a Honest, Open and Proud, Train the Trainer, conference for youth and adult providers. MHA will be hosting the conference and it will be held at Sheboygan County HHS Building in room 372. The trainings usually last 6-7 hours each day with one day being for youth providers and one day for adult. The Honest Open and Proud program is evidence based anti-stigma initiative. MHA will be having more information coming out on the training.</p>
<p>“Support activities, outreach, and marketing for National Mental Health Month in May.” TBD</p>	<p>Tabled</p>
<p>“Support activities, outreach, and marketing for National Recovery Month in September.” TBD</p>	<p>Tabled</p>
<p>“Connect with SCAN Committee to support Well County Initiative and assure accurate information on mental health, illness, addiction, and trauma is</p>	<p>Discussion on SCAN and Well County programs. The Well County pre application is due later this month to see if they will be part of the Wellness Counsel of WI. More information and how we will partner with them and area businesses enrolled in the program at our next meeting. More information about SCAN on</p>

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being shared with employees in non-stigmatizing ways.”	www.healthysheboygancounty.org
Don't forget: <ul style="list-style-type: none"> • Education/Prevention • Access to Service • Coordination/Continuity of Care • Health Literacy 	See attached information on health literacy.
Report Out for Full Committee <ul style="list-style-type: none"> • <i>Summary</i> • <i>Barriers</i> • <i>Celebrations</i> • <i>Asks</i> 	Updated CHIP, Community Health Improvement Plan, is posted on HSC2020 website. Members are asked to review it. www.healthysheboygancounty.org Minutes and announcements are also located on the website.
OTHER Find out if other community health assessments measure stigma.	Committee to look at ways other communities measure stigma in their health assessments. Announcements- Mary P. stated St. Nicholas Hospital will be having an informational meeting on health enrollment this month. See their website for details. https://www.stnicholashospital.org There will also be a community Super Saturday enroll day this month. Aurora opened their new Intensive Outpatient Treatment at ASMMC. See their website for details. http://www.aurora.org/newsroom