



# HSC 2020

## SBIRT - Screening, Brief Intervention, and Referral to Treatment

### Mental Health & Substance Abuse [MHSA] Community Health Committee

#### Minutes

<b>DATE:</b>	Wednesday, January 20, 2016 @ 8:05am	<b>LOCATION:</b>	Department of Health and Human Services
<b>PRESIDING:</b>	Kristin Sterns-LCHC		
<b>PRESENT:</b>	Ann Bachrach-Aurora, Mary Adele Revoy-Community Volunteer, Shelby Kuhn-ASMMC, Mary Paluchniak-St. Nicholas Hospital, Susan Hein-Prevea, Char Pachniak-Horizon For Girls, Phil Duket-Alliance for Mental Health , Karlyn Raddatz, Sue Thiel, Kari Keller, and Cindy Vander Weele-Public Health (On speaker phone-Paula Manley -Prevea/HSS)		
<b>ABSENT/EXCUSED:</b>			
<b>GUESTS:</b>			
<b>RECORDER:</b>	Cindy VanderWeele		
<b>NEXT MEETING:</b>	8:05am - 9am on Wednesday, February 17, 2016, DHS		

ITEM	DISCUSSION/CONCLUSION/RECOMMENDATIONS
Welcome and Introductions	
<b>Follow-up</b> <ul style="list-style-type: none"> <li>• <b>Clinic/Hospital Implementation</b></li> <li>• <b>Billing of SBIRT</b></li> <li>• <b>SBIRT Training</b></li> <li>• <b>Survey</b></li> <li>• <b>SBIRT and the Fond du Lac Schools</b></li> </ul>	<p><b>Clinic/Hospital Implementation</b>-Cindy shared the research article summary of the 46 articles on implementation that she and Kari compiled after receiving them from UW Madison librarian. She suggested they be also available grouped into themes of Sites to implement at, Assessment of providers, Costs, SBIRT Methods, Implementation, and Program Evaluation. If anyone would like a copy of an article, please contact Cindy at <a href="mailto:Cindy.VanderWeele@sheboygancounty.com">Cindy.VanderWeele@sheboygancounty.com</a>. Or 920-459-4396. Members are asked to review the research to assist in decision making on next steps at Feb. meeting.</p> <p><b>Billing of SBIRT</b>-Shelby shared that she has information on Medicaid approved SBIRT reimbursement billing, and notes on insurance coverage as part of Affordable Care Act she will share. Cindy shared a copy of the Forward Health Dec. 2015 Update on New Forward Health Behavioral Treatment Benefits.</p> <p><b>SBIRT Training</b>-Shelby had made contact with someone at UW Milwaukee that could assist with training. She had also made a few more contacts to inquire at other agencies and has not heard back yet. Mary P. contacted Mia Croyle, who works with Richard Brown at UW Madison. Mia is interested in helping guide us also.</p> <p><b>Survey</b>-Kristen, Robert, Kari, and Libby have developed a survey to assess providers use /Knowledge of SBIRT. Libby reviewed the survey verbally. Feedback was provided and she will revise the survey and then send out to the group and HS2020 for final feedback in one week. List serves are available that the survey can be sent out to. It will be in the form of an electronic survey with a short deadline to ensure it is completed in a timely matter. Providers could be schools, hospitals, clinics, social service agencies.</p>

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	<p><b>SBIRT and Fond du Lac Schools</b>-Cindy the schools have used the PSC-Y screening tool with 2 additional questions. They have a 4 person team. They have 2 nurse case managers that assist families in getting the needed resources. Kari stated it is provided to all 9<sup>th</sup> graders. Kari will find out more information on their outcomes. Kristin has seen research that there are no differences in implementing SBIRT in schools vs. health care providers. United Way/LSS are partnering with Random Lake and SASD to implement Screening and Referral in their schools. These are potential partners in the future.</p>
<p><b>Focused Implementation</b></p>	<p>Items to address at next meeting are:</p> <ul style="list-style-type: none"> <li>• to share ideas generated after review of research articles</li> <li>• discuss billing aspect</li> <li>• decide which group to first implement SBIRT</li> <li>• Trainings-possibilities of having a Train the Trainer for sustaining the training aspect in the future due to staff turnover</li> <li>• Aurora Leadership meetings-Kristin has been invited to the meetings. Shelby presented an Introduction to SBIRT in December. Kristin has been invited back in March to further discuss follow up costs, sustainability, etc.</li> </ul>
<p>Report Out for Full Committee</p> <ul style="list-style-type: none"> <li>• <i>Summary</i></li> <li>• <i>Barriers</i></li> <li>• <i>Celebrations</i></li> <li>• <i>Asks</i></li> </ul>	
<p>Don't forget these items as part of action plan:</p> <p><i>Education/Prevention</i></p> <p><i>Access to Service</i></p> <p><i>Coordination/Continuity of Care</i></p> <p><i>Health Literacy</i></p>	
<p>Other- Brief round table and updates on organizations/community events. Mary A. shared that Hazelton is offering a free webinar on Jan. 28 at 1 pm Speaker is Ken Winters on SBIRT and Teen Intervention. Libby and Jenny will arrange for it to be aired after a health care provider/therapist training in room 413. The attendees will be invited to view the webinar also. Phil-Shared a history of SASD high schools have implemented youth screening in the past and had negative feedback. Kari will contact Jenna Goodman to explore what took place to identify any barriers. It was discussed as a group the possibility of working with LTC to include SBIRT training in MA, CAN, and RN curriculums in the future. Paula had shared that Prevea is implementing depression screening into the standard rooming process. For the past 10 years, postpartum depression screening has worked well in OB. After the depression screening is in place, they will be considering adding Drug and Alcohol screening. A Bellin Hospital, they use health educators. Prevea utilizes QTT (Qualified Training Therapists). QTT have masters in counseling and are working towards licensing. They are required to have 3000 supervised service hours. Prevea is providing a QTT training program. QTT services are a billable insurance service. The PDQ9 depression screen is built into EPIC. They have a flow chart that shows scores over time. Shelby shared that ASMMC uses the PDQ9 in behavioral health and ortho post-surgery areas. Mary A. shared she attended a regional leaders meeting where they discussed training Recovery coaches in SBIRT and with certified peer specialists.</p>	