HSC 2020 Mental Health & Substance Abuse [MHSA] Community Health Committee



HEROIN SUB-COMMITTEE AGENDA

DATE:	Wednesday, November 11, 2015; 3:00pm-4:30pm	LOCATION:	Sheboygan Dept. of Health & Human Services, Rm. 372
PRESIDING:	MaryAdele Revoy, Community Volunteer and Officer Todd Kronberg, Plymouth Police Department/School Liaison Officer		
PRESENT:	Stanley Kaymen (1907 Club); Stephanie Preder (Aurora Memorial Hospital); Suzan Thiel (DHHS-Public Health); Mary Paluchniak (St. Nick's); Jean Beinemann (DHHS); Liz Campion (DHHS-PH); Deb Schmidt (DHHS-PH); Libby Holte (DHHS-PH educator); Karlyn Raddatz (DHHS-PH); Lindsay Rick (HHS/DCP Outpatient Services); Kelly Kemps (I Love My Addict support group); Annette Selk (DHHS-PH); Allie Kerloth (DHHS- Information & Assistance Specialist).		
GUESTS:	Vicki Olafson and Angel		
RECORDER:	MaryAdele Revoy, Community Volunteer		
NEXT MEETING:	Wednesday, December 9, 2015 at 3:00pm-4:30pm in DHHS, Rm. 372		

PILLAR	TOPICS/DISCUSSION/DECISIONS			
Welcome & Introductions	Welcome to new members in the room! Great to have more DHHS staff! And a special welcome to family members and volunteers who have lived the experience of loving someone who suffered with an addiction.			
Heroin Action Plan	Results of discussion with HSC 2020 Leadership Council. (Jean Beinemann) = Community Health Improvement Plan (CHIP) approved so the committees can move forward with their individual Action Plans. The CHIP is posted on HSC website. <u>www.healthysheboygancounty.org</u> PLEASE READ THE CHIP AND REFER TO THE APPENDIX FOR THE HEROIN ACTION PLAN. At the meeting, there was no discussion of budget, but it will be addressed at the meeting at the end of November.			
Prevention /Education Pillar	 Report on <u>WI Statewide Heroin/Opiate Summit</u>-Oct 13 & 14, 2015 (Committee members in attendance) Captain Veeser presented a break-out session on working together and what they are doing in the schools, and hopes to expand programming across the County. He talked about providing more mental health education and students getting rid of stigma, using Sheboygan South as an example where they are starting to do SBIRT. He mentioned that South has the only District's AODA Counselor; students get rid of stigma. He will provide his power point slides to Jean/DHHS for distribution. Lindsay Ray reported that the first day of the conference was somewhat repetitive – Libby Holte & MaryAdele agreed. Breakout sessions were good and very informative. Libby had the opportunity to attend learn about the Ozaukee task force structure and programming. Update on Dissemination of Attorney General Brad Schimel's Media Campaign: <u>"Dose of Reality"</u> (Jean Beinemann) Jean will be meeting with Tom Eggebrecht (DHHS Director) tomorrow to discuss campaign. A small group of committee members (Jean, Mary P., Suzan, Libby, Karlyn, and Liz Abler) met together after the last meeting to talk about options for dissemination (Chamber of Commerce and Sheboygan County Human Resource Managers) and preliminary budgeting on specific mechanisms. Looking at possibility of bus signs, bathroom stalls, radio campaigns including North High radio station, UW-S & LTC. Primary audience is general population but will also need to focus on providers & prescribers. Total ask is about \$7,500. Libby Holte reported that she worked with the media firm to put HSC2020 logo on all items – PDFs are available for anyone who wants to do independent printing. Some materials are already being distributed but campaign is focused to launch in December 2015 and January 2016. 			

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	 Dr. John Olsen (Psychiatrist, Prevea) offering Suboxone information session at 1907 Club (MaryAdele Revoy & Stanley Kaymen) Stanley Kaymen has been handling communication. He received an email during the meeting that Dr. Baxter will be presenting in early February 2016. Audience approximately 100 people. Screen & projector can be borrowed from Family Resource Center, if no one on the committee has them. Microphone can be borrowed by DHHS. Will discuss with Dr. Baxter time of day and date. Would also like all medication treatment options covered (methadone & vivitrol). 		
	 4) John Shinholser, from McShin Foundation, coming to 1907 Club on January 23, 2016 to facilitate training on creating a "recovery oriented system of care", a recovery community center, and an authentic recovery community organization (Stanley Kaymen and MaryAdele Revoy). Stan has been working with John Shinholser on an agenda and trip itinerary. 1907 Club would like to become a Recovery Community Organization (RCO) and the physical building would become a Recovery Community Center (RCC). On Friday, January 22, 2016, John would like to visit County Jail – Stan is working with District Attorney Joe DeCecco to make this happen. On Friday evening there be a showing of the film "Anonymous People" at 1907 Club with a Q&A afterwards. On January 23, 2016, the day starts at 8:30am-ends approx. 5pm. Lunch and snacks will be served. Stan noted that people from the region and Madison will be in attendance. Stan also reported that he has been talking to members of <u>Dry Hootch</u> about taking over "coffee shop" in the 1907 building. He believes that Dry Hootch is a good program with measurable outcomes that can start utilizing the space open to the community. 		
	Other Items Related to Prevention & Education Pillar		
	 (a) Film: "Pleasures Unwoven: a personal journey about addiction" (written by Kevin McCauley, offered by the Institute for Addiction Study) will be shown on Saturday, November 21, 2015 at 5:30pm-8pm. The film is "an in depth look at the debate over whether or not addiction can really be considered a 'disease'?" Location is St. John's UCC church. Contact: Kelly Kemps, kelzek@yahoo.com (b) Libby announced that the HSC2020 column calendar is available. This a Wednesday weekly column space that is reserved for HSC2020 activities. The articles have to be 500 words or less. Libby also has a tip sheet available for "new authors." Article dates and topics will be discussed at the next Heroin committee meeting. 		
	(c) WI Peer Recovery Conference: "Enhancing Systems & Building Inclusive Communities" – Tuesday & Wednesday, Dec 8-9, 2015 at Hotel Mead in WI Rapids. Registration fee is \$50. www.uwsp.edu/conted/ConfWrkShp/Pages/WI-Peer-Recovery-Conference.aspx		
	 (d) Suzan Thiel announced that additional Public Nursing staff will be involved in educating community members on related topics. (e) Captain Veeser reported that <u>"Your Choice</u>" will be coming back to visit all the schools in the County. He hopes they can maintain these presentations every 2 years. 		
	(f) Kelly Kemps asked what other education is planned for the schools and how important it is to inform the kids what is really going on. Discussion included committee members providing ideas and resources to consider, including the work being done by <u>Rise Together</u> . MaryAdele asked that the discussion could be tabled until the next meeting when more time and focus can be given to a comprehensive Prevention & Education Pillar activities schedule and budget.		
	MaryAdele will work on developing a document that lists all the items on the Action Plan for the Prevention & Education Pillar with space for scheduling that the committee can use at the next meeting.		
Harm Reduction Pillar	 Success of and stats from Take-Back Medication Day, October 17, 2015 (MaryAdele Revoy, Officer Todd Kronberg and volunteers) = Officer Todd Kronberg passed out a sheet that compared totals from the Oct 17, 2015 to the May 7, 2015 date. (Handout included with minutes). Program is still successful and stats show the Take Back Days are being utilized, but also want to educate people on the existence of the permanent boxes in the police stations. He reported that he received 62 phone calls prior to the date with questions from community members; a very laborious process to field and respond to the calls. Next year the State Day and Federal Day will be on the same day, which will clear up some of the confusion. 		

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	 MaryAdele handed out sheet that summarized the data from the surveys. She recommended that 2 questions be removed: (a) how many households are dropping off for and (b) how many miles did you drive. Data irrelevant and not needed. Discussion concluded that the "miles" question can be removed, but more thought should be to the "household" question and if we want to collect similar data some way. Discussion included feedback from Penny Weber and volunteers. Decided that a main person to organize the project should be identified and "site managers" for each site should also be named. A supply list for a site will be developed with budget costs. DEA guidelines will be summarized and distributed for feedback regarding what guidelines we can meet and ones that we cannot. MaryAdele will put together a packet of documents for distribution to gather input from members – hopefully some of this can be handled over email. 2) Update on Narcan Training with ARCW (MaryAdele Revoy) = Kelly Kemps volunteered to be the County contact for Narcan trainings. MaryAdele will forward a list of interested persons from Recovery Rocks so she can contact ARCW staff about scheduling a future date. THANKS KELLY! All future requests or to register for a training should be done with Kelly Kemps – kelzek@yaboo.com 			
Treatment Pillar	 forward a list of interested persons from Recovery Rocks so she can contact ARCW start about scheduling a future date. THANKS KELLY! All future requests or to register for a training should be done with Kelly Kemps – <u>kelzek@yahoo.com</u> Update from DHHS (Lindsay Rick, DHHS Outpatient Services staff) = Lindsay reported the Request for Proposals (RFPs) for detox beds at the DHHS facility on Penn Ave. received no applicants; still looking for a provider. The IOP on the lower floor of the house will be for the Treatment Court client Report on Sober Housing Meeting (Lindsay Rick) = Was a great success. Many attendees from the community. Tom Meyer from Aaron's House (all male sober house in Madison) provided a great deal of helpful information and was very motivating. The House is funded on donations and with stipends from the residents. The program now has a women's house and there is a special living unit on UW Campus. Lindsay stated that next steps include: gathering a small group of interested persons wanting to build framework & plan on how to develop and identify funding. Upcoming Opioid webinar on Dec 1, 2015 (Libby Holte) – 15 people have signed up thus far. People can continue to register through the email that will be resent next week by DHHS/Libby Holte. People will receive an email confirmation. Other Items Related to Treatment Pillar (a) Resource: Great Lakes ATTC (Addiction Technology Transfer Center), Jane Addams Collect of Social Work, University of IL, Chicago. www.attnetwork.org/greatlakes Webinars, recovery resources, evidence based practices, capacity building training of trainers, leadership development, and on-line courses. (b) Sample pamphlet: MaryAdele passed around a copy of the pamphlet developed by the programs in the Fox Valley Region; "Guide to substance abuse treatment and recovery support." Great example of a resource that covers all the resources from t			
Law Enforcement Pillar				
Workplace Pillar	SCAN (Sheboygan County Activity & Nutrition) Committee moving forward with the initial application to WELCO. Specific activities listed on the Heroin Action Plan related to this Pillar will be discussed at a future meeting.			
Budget/Funding	 Kohler Company offer (Jean Beinemann) = Kohler Company is interested in hearing proposals related to heroin and evidence based programs/practices. They are not interested in funding the Dose of Reality awareness campaign, but looking for some other programming options. Stanley Kaymen added that Kohler Company does not like to be the "first year funder" nor do they want to be the only funder. He is asking them to consider supporting Dry Hootch moving into 1907 Club. MaryAdele gave a quick summary of the SAMHSA FY16 budget. Focus areas include three specifically for opioid abuse: (1) Medication Assisted Treatment (MAT) for Prescription Drug and Opioid Addiction (\$25 million; increase of \$13 million); (2) Preventing Opioid Overdose-Related Deaths 			

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	(\$12 million; this is new area to be funded); and (3) Strategic Prevention Framework for Prescription Drugs (\$10 million; this is a new area to be		
	funded). Two other areas of interest are (1) Science of Changing Social Norms (STIGMA) (\$4 million; this is new area to be funded; and (2) SBIRT (\$30 million, which is actually a reduction of \$17 million). A power point presentation on the entire budget can be found at: http://www.samhsa.gov/budget/fy-2016-budget		
	Karlyn Raddatz announced that DHHS will start a Death Review Team 2016 looking at the deaths of babies.		
Other Information	 Mary Paluchniak reported that on Tuesday, November 17, 2015 at 6pm-7pm there will be an education program on the Federal Health Marketplace St. Nick's; this does not include enrollment but just information. Need to register at <u>www.stnicholashospital.org</u> or call 920-459-4636 Kelly Kemps announced that with the money "I love My Addict" support group has raised they have been able to send their first youth to Arizona for treatment. They are also continuing their mission to become a 501.c3 		