



HSC 2020 Mental Health & Substance Abuse [MHSA] Community Health Committee

HEROIN SUB-COMMITTEE MINUTES

DATE:	Wednesday, January 13, 2016; 3:00pm-4:30pm	LOCATION:	Sheboygan Dept. of Health & Human Services, Rm. 372
PRESIDING:	MaryAdele Revoy, Community Volunteer		
PRESENT:	Liz Abler (DHHS-Public Health), Jean Beineman (DHHS-Public Health), Liz Campion (DHHS-Public Health), Angel Glynn (Community Volunteer), Lyvic Glynn (Community Volunteer), Allie Iserloth (DHHS), Mary Karls (LTC), Kelly Kemps (I Love My Addict), Kim Meller, Mary Paluchniak (St Nick's), Steph Preder (Aurora), MaryAdele Revoy (Community Volunteer), Annette Selk (DHHS-Public Health), Sue Thiel (DHHS-Public Health), Kurt Zempel (Sheboygan County MEG Unit), Tricia Tolstein (DSS-SW), Justin Rugge, Randy Schwoerer, Andy Novak (Plymouth High School), Jenny Vorpapel (DHHS-Public Health)		
ABSENT:	Todd Kronberg (Plymouth PD), Todd Priebe (County Sheriff), Libby Holte (DHHS-PHE), Lindsay Rick (DHHS-Outpatient), Mary Selvig (DSS-SW)		
RECORDER:	Jenny Vorpapel (DHHS-PH)		
NEXT MEETING:	Wednesday, February 10, 2016 at 3:00pm-4:30pm in DHHS, Rm. 372		

PILLAR	TOPICS	DISCUSSION / ACTION ITEMS
Welcome & Introductions	There were some new faces in today's meeting. Welcome! Todd Priebe, Todd Kronberg, Libby Holte and Mary Selvig all wanted to be here, but were unable to make the meeting. .	Allie explained her position as Information & Assistance Specialist at DHHS and passed out contact information for her and Jessica Busch. They both help clients navigate services offered in Sheboygan County based on desires, limitations, qualifications, etc. Allie can be contacted at (920) 459-3095 and Jessica can be contacted at (920) 459-0563.
Heroin Action Plan	As Chairs, MaryAdele & Todd will be keeping track of projects and completion dates to make sure the goals and objectives of the Action Plan are being met. Committee members need to start collecting data related to primary goal of Action Plan: "Success will be demonstrated by a decrease in... <ol style="list-style-type: none"> 1) The incidence of heroin & other opioid related arrests 2) Emergency department visits related to heroin use & other opioid abuse 3) Overdoses from heroin and other opioids leading to death" 	<ol style="list-style-type: none"> 1) Kurt can get stats from the MEG unit. They will begin reporting when drug arrests involve heroin or other opioids. 2) There are two emergency departments, St. Nicks and Aurora. Jean can get data from Aurora as soon as next month. Diagnosis codes are new and need to be sorted through. 3) Sue has contacted the coroner about suicides in the past. We will reach out to let the coroner know why we need these specific numbers. We would like to learn Narcan statistics as well, Jean has reached out to the Sheboygan Fire Department about this already. We can also contact pharmacies to find out how much Narcan is being purchased. Right now CVS is the only pharmacy that offers Narcan. Jean reminded the group that Public Health has formed a childhood death investigation team as well.

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Leadership Council	<ol style="list-style-type: none"> 1) Capacities of a Coalition 2) Separate Pillar meetings 	<p>1) Jean addressed questions about Leadership Council. Copies of the Community Health Improvement Plan (CHIP) were passed out, this may help people understand HSC2020 better. HSC2020 is a public and private collaboration. Sheboygan County Health and Human Services is a large part of the organization, but they do not own it. It started in 1993 when DHHS partnered with two hospitals. An assessment is done every 3-5 years and with that, action steps are created to become a healthier county. Everyone involved works together, it is not a dictatorship.</p> <p>In the past, there was no orientation for new members. Orientation packets are currently being created.</p> <p>Some resources you can look at are:</p> <p>What Makes an Effective Coalition?</p> <p>Community Tool Box</p> <p>Healthy Sheboygan County Website</p> <p>2) The group discussed the possibility of having individual pillar meetings and having those pillar groups report back to the Heroin Sub-Committee. Jean stressed that coalition work does not happen during the meetings, but what actions are taken outside of meetings.</p>
Education/ Prevention Pillar [Pillar Captain: Suzan Thiel & DHHS Public Health Staff]	<ol style="list-style-type: none"> 1) Report of plans to date; Youth, Seniors, Providers, Community Outreach/education 2) Request/Opportunities for Committee Member and Community Involvement 3) Committee feedback/recommendations 	<p>1) Sue reported that her group has started meeting about education and prevention. Currently a big education/prevention initiative is the local Dose of Reality campaign. Jenny reported that the local campaign includes interior and exterior city bus signs, billboards, newspaper ads, advertisements in area establishment bathrooms, and also posters and handouts that can be distributed in all area communities. If you would like to take a packet of posters and handouts for a local community, contact Sue Thiel at suzan.thiel@sheboygancounty.com. Please let Sue know where you were able to distribute the materials and please return any extras so they can be placed somewhere else.</p> <p>The campaign is also being brought up on local radio/TV stations including "A Closer Look" which can be seen on demand here: http://www.wcssheboygan.com/programming/live-tv/</p> <p>Sue is in the process of setting up a meeting with local pharmacists about opiate seeking behavior and other pharmacy related issues. She mentioned that pharmacists actually do not fill any prescription they are given. There are standards they need to follow or their license may</p>

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		<p>be taken away.</p> <p>2) It may be a good idea to involve other area programs such as Your Choice, Stop Heroin Now, and/or Rise Together.</p>
Harm Reduction Pillar [Pillar Captain: ??]	<ol style="list-style-type: none"> 1) Report of plans to date: (a) Next Take-Back Medication Day is on April 30, 2016 and (b) Next narcan trainings with ARCW on January 25, 2016 or February 9, 2016 at 7pm at St. John's UCC (contact Kelly Kemps with questions kelzk@yahoo.com) 2) Request/Opportunities for Committee Member and Community Involvement: (a) Volunteer for Take Back Day – sign-up available 3) Committee feedback/recommendations: 	<p>1b) For both narcan trainings, doors open at 6:30, training begins at 7pm. Training is 45 minutes. If attending, please register. Registration is only needed for a head count, you can sign up anonymously if you would like. There is no fee, but they will be taking donations. Kelly Kemps was asked if she would be the leader for the narcan portion of this pillar and she agreed.</p> <p>2) MaryAdele passed around a sign-up sheet. There is a new position to be filled who will be given all the supplies. Todd Kronberg will not be able to attend in Plymouth.</p> <p>3) Jean, MaryAdele, and Todd are working on permanent drop off boxes.</p>
Treatment Pillar [Pillar Captain: Lindsay Rick & DHHS Staff]	<ol style="list-style-type: none"> 1) Report of plans to date (Jean Beinemann) 2) Request/Opportunities for Committee Member and Community Involvement: 3) Committee feedback/recommendations: 	<p>1) ASAM training is set for January 28th and 29th at DHHS. The training is full and has a waiting list.</p> <p>2) Jody Galloway is willing to take 20-30 minutes of the next meeting to address any drug court/detox questions anyone may have. A lot of interest was shown. Jean will reach out to Jody.</p> <p>3) Genesis in Kiel has been changed to Pathways. Jody can give more updates about Pathways at the next meeting.</p>
Recovery	<ol style="list-style-type: none"> 1) Report of plans to date: (a) 1907 Club applying for Federal SAMHSA grant to create and expand peer-to-peer services for individuals in recovery from a substance abuse disorder (MaryAdele Revoy) 2) Request/Opportunities for Committee Member and Community Involvement: (a) Attend "Building Recovery Community with John Shinholser" on January 23, 2016 from 8:30am-5pm at 1907 Club. Free Event. Register by emailing maryadele_revoy@yahoo.com and (b) create connections with other recovery organizations in Sheboygan 3) Committee feedback/recommendations: 	<p>1) Receiving this grant would increase recovery support in the area, and would train more people to become peer specialists. The grant is for \$250,000 a year for three years. The application is due February 15th. It's not known when winners will be announced or when the money is awarded.</p> <p>2) John Shinholser's foundation does detox all the way to transitional living for a period of three years. Registration is at 8:30am, the event begins at 9am and goes until 4:30 or 5pm. January 22, 2016 at 7pm the 1907 Club is showing the movie "The Anonymous People" which features Shinholser. He will be taking questions after the movie. Volunteers for Saturday are no longer needed.</p> <p>3) MaryAdele would like to get more representation from other places</p>

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		in the area. If anyone has contacts, please let her know so we can add them to the email list!
Workplace Pillar [Pillar Captain: ??]	<ol style="list-style-type: none"> 1) Report of plans to date: (a) MaryAdele speaking at Workplace Wellness Day on April 28, 2016. 2) Request/Opportunities for Committee Member and Community Involvement: (a) forward your organization's workplace drug policies and any related EAP information to maryadele_revoy@yahoo.com and (b) send names of any companies/small businesses that you know are doing good work in the area. 3) Committee feedback/recommendations: 	<p>This pillar is still in need of a captain.</p> <p>3) The group discussed the possibility of trying to have local businesses more friendly towards people in recovery. If anyone knows of any workplace policies like this, please let MaryAdele know. We could give businesses information on recovery coaches. Maybe a condition of employment for some people in recovery could be working with a recovery coach.</p> <p>Jean was contacted by the Sheboygan Chamber of Commerce to talk about the CHIP. This would be a good opportunity to discuss workplaces with them.</p>
REPORT OUT on TASKS		<p>Kim announced January 26th at 6:30 or 7pm—Family Members Anonymous meeting at 1907 Club. If you have a family member who is struggling, you are encouraged to attend. It will be a weekly meeting.</p>