

## HSC 2020 Mental Health & Substance Abuse [MHSA] Community Health Committee

## **HEROIN SUB-COMMITTEE MINUTES**

| DATE:         | Wednesday, April 13th; 3:00pm-4:30pm  | LOCATION: | Sheboygan Dept. of Health & Human Services |
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| PRESIDING:    | Libby Holte and Kurt Zempel   |           |  |
| PRESENT:      | Libby Holte (DPH), Jenny Vorpagel (DPH), Liz Campion (DPH), Sue Thiel (DPH), Deb Schmidt (DPH), Jean Beinemann (DPH), Sheriff Todd Priebe (Sheriff's Dept), Liz Abler (DPH), Lindsay Rick (CPS/SCHHS), Frank Simac (Community Consultants), Steph Preder (Aurora), Tricia Holstein (DSS), Annette Selk (DPH), Jenny Lawrence (City of Sheboygan), Kimberly Meller (Community Member), Kurt Zempel (Sheboygan MEG Unit), Jon Doll (United Way), Robert Ingraham (1907 Club), Susan Prevea (Prevea), Mary Paluchniak (St Nicholas), Elizabeth Bouche (Glander Pharmacy) |           |  |
| ABSENT:       |   |           |  |
| RECORDER:     | Jenny Vorpagel  |           |  |
| NEXT MEETING: | Wednesday, May 11th, 2016; 3:00pm-4:30pm  |           |  |

| PILLAR  | TOPICS   | DISCUSSION & DECISIONS TAKE HOME TASKS  |
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| Welcome &<br>Introductions                      | Libby and Kurt introduced themselves as new co-chairs of the sub-committee. Roundtable introductions   |   |
| New Structure                                   | <ul> <li>Pillar Captains</li> <li>Meeting expectations</li> <li>Break out session for different pillars—who else should be involved? Take stock of where we are at with the SCAODA (State Council of Alcohol and Other Drug Abuse Prevention)         Recommendations.     </li> <li>Heroin Workgoup Summary of Recommendations</li> </ul> | Libby and Kurt explained pillar captains who will share responsibility with the co-chairs and coordinate activities. Monthly Heroin Committee meetings will focus on pillar captains reporting on the pillar work that is being done. The Heroin meetings will be emphasizing communication and coordination of efforts, with actual pillar work being conducted between meetings by pillars teams and community partners.  Pillar Captains:  Education/Prevention-Sue Thiel/Public Health  Harm Reduction: Mary Paluchniak & Robert Ingraham  Law Enforcement: Kurt Zempel  Treatment/Recovery: Lindsay Rick  Workplace: Jenny Lawrence  Break out session for different pillars—who else should be involved? Take stock of where we are at with the SCAODA recommendations. |
| Education/ Prevention Pillar Captain: Sue Thiel | <ul><li>Pillar Update</li><li>Who else should be involved?</li></ul>   | Who is missing? Schools, Community Organizations, Providers.  11 public presentations have been completed this year with over 250 people in attendance. Cedar Grove community presentation attendance -115.  From the Senior Meal site presentations, 90% of people said they learned something new and would share information with family and/or friends. 50% of attendees would use  |

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|  |  | drug drop off boxes. Annette Selk may reach out to other senior citizen groups such as churches to share this message further  Educational outreach re: heroin will be included at three upcoming events: April 30 <sup>th</sup> Drug Drop Off Day, Health Fair at Random Lake Schools on April 23 <sup>rd</sup> and at the AODA/Mental Health resource fair on May 3 <sup>rd</sup> .  They will be contacting Lisa at Tower Academy to see if she will become involved. Kurt was asked to present re: local Heroin problem at Advanced Pain Management last week. Advanced Pain Management staff serve people at higher risk of addiction because of their pain issues. Libby accompanied Kurt and they shared information regarding HSC 2020 Heroin work as well as CDC checklist for prescribing opiate pain medication. Positive dialogue/sharing took place. Advanced Pain Management Staff member will join HSC 2020 Heroin Prevention committee in the future. |  |
| Harm Reduction Pillar<br>Captains: Mary<br>Paluchniak and Robert<br>Ingraham | Medication Take Back Day – April 30, 2016 (10:00am-1:00pm)  • Howards Grove – Lead: Kim Meller  • Oostburg – Lead: Sue Thiel  • Plymouth – Lead: Liz Abler  • Random Lake – Lead: Ellen Wells  • Sheboygan – Lead: Mary Paluchniak ** St. Nick's also having medical equipment dropoff | **Continue discussion on needle exchange: Libby is waiting to hear back from Health Officer for the City of Appleton re: needle exchange project in Appleton. Schools need to be involved. We should do a presentation to the school board and ask for their input. Parents also go to school board meetings and could be educated as well Narcan trainings need to continue throughout the county, not only in the city of Sheboygan. Involve: Representatives from local 12 step groups, 1907 Club Work with prevention pillar to get teen support. PATH program funded by United Way   |  |
| Treatment/Recovery Pillar Captain: Lindsay Rick                              | <ul> <li>Pillar Update</li> <li>Who else should be involved?</li> </ul>  | Who is missing: Residential facilities/private sector agencies, Department of Justice team. Community Consultants is working on progress for drug treatment court and social detox programs. (social detox is for people who would be turned away from a hospital, but need drug detox) They will keep looking at picking up more goals from SCAODA. There is no definite "treatment ends and recovery begins." recovery is part of the treatment but is different.   |  |

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|  | Pillar Update                | All law enforcement in county will be trained in Narcan administration.                                |
|  | ·                            | Talked about turning in heroin paraphernalia with no risk of being arrested.                           |
|  |                              | Drug Endangered Children (DEC) to stop generational cycle of drug use. Working on                      |
| 6  |                              | updating protocol for protecting kids from more than just meth.  |
| Law Enforcement Pillar                         |                              | Smart Recovery going on in the jail—they have 9 people identified. It is a 7-week                      |
| Captain: Kurt Zempel                           |                              | program, 3 hours a week, and they have funding.  |
|  |                              | Drug treatment court is progressing.   |
|  |                              | State law changed last month. Law enforcement required to report drug deaths, including                |
|  |                              | prescription use.  |
|  | Pillar Update                | Who is missing:  |
| Workplace Pillar<br>Captain: Jenny<br>Lawrence | Who else should be involved? | Sheboygan County Human Resources, and the school districts, SHRM                                       |
|  |                              | Increase awareness and utilization of Employee assistance programs. Provide supervisors with training. |
|  |                              | Jenny Lawrence will be attending the Worksite Wellness Workshop on April 28th.                         |
|  |                              | MaryAdele will be there speaking about workplace drug policies.  |
|  |                              | Jenny reaching out to other HR contacts their drug policies and whether they do random                 |
|  |                              | drug testing.  |
|  |                              | MaryAdele was compiling a list of workplace drug policies; we can reach out to her to see              |
|  |                              | what she has so far.   |
|  |                              | Some companies have contacted United Way about SBIRT   |

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| Roundtable | Sue has Dose of Reality materials that can be distributed throughout the area if anyone is willing to assist.  Sheriff Priebe-Anonymous donor <i>may</i> be willing to provide funding—he is looking for feedback as soon as possible.  May 6 <sup>th</sup> -Midwest Communications is doing a 2-2.5 conversation on heroin on their radio stations.  Robert Ingraham-1907 Club had successful turnout for Chester Marcol event. Brat Fry is scheduled. Traveling to Rock County to see what they are doing. | Libby and Kurt to connect with pillar captains to obtain input regarding funding needs associated with their pillar initiatives. Funding must focus on evidenced-based interventions with measurable outcomes. |
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