## HSC 2020 Mental Health & Substance Abuse [MHSA] Community Health Committee November 18, 2015 AGENDA



HSC 2020 Mission:

To improve the health of the people of Sheboygan County leading to a community with "Everyone Living Better, Longer"

DATE:	Wednesday, November 18th; 9am-10am	LOCATION:	Sheboygan Dept. of Health & Human Services, Rm. 372
PRESIDING:	Kate Baer (MHA), MaryAdele Revoy (Community Volunteer), and Suzan Thiel (DHHS)		
PRESENT:	Susan Hein (Prevea); Dr. Dharmech Murthy (Aurora); Jonathan Tyler (Aurora); Shelby Kuhn (Aurora); Allie Iserloth (DHHS-IA); Char Pachniak (Horizons 4 Girls); Ellen Wells (DOC P&P); Barb Kolar (DHHS-DPH); Victoria Schneider (DHHS-DPH); Liz Abler (DHHS-DPH); Kristen Feggestad (UW-Sheboygan & Northshore Clinic); Lindsay Rick (DHHS-DCP); Angelia Neumann (Sharon Richardson Center); Jean Beinemann (DHHS-DPH); Libby Holte (DHHS-DPH); Kristin Blanchard (Lakeshore Community Health Center); Connie Frank (RCS Empowers); Mary Paluchniak (St. Nick's Hospital); Jon Doll (United Way)		
RECORDER:	MaryAdele Revoy & Suzan Thiel		
NEXT MEETING:	9am-10am on Wednesday, January 20 <sup>th</sup> , 2015 at DHHS [1011 N. 8 <sup>th</sup> St., Sheboygan, WI 53081], room 372		

ITEM	DISCUSSION/CONCLUSION/RECOMMENDATIONS	
Welcome & Intros	Round table introductions – thanks to the grant group who attended today! You all rock!	
HSC 2020 Leadership Council Update (Suzan Thiel)	Leadership Council met, 10/26/15, and approved the Community Health Improvement Plan. It is posted on website, <a href="http://www.healthysheboygancounty.org/">http://www.healthysheboygancounty.org/</a> Members are encouraged to read the approved CHIP and the CHC action plans. On 11/23/15 (Monday) the Leadership Council will meet to approve budget.  HSC2020 Website – need to continue submit events. Libby Holte announced that the HSC2020 2016 column calendar is available. This a Wednesday weekly Sheboygan Press Health Page column space that is reserved for HSC2020 activities. The articles have to be 500 words or less. Libby also has a tip sheet available for "new authors." Need some articles for January 2016. Please contact Libby if you	
SBIRT Sub-Committee Update (Kristin Blanchard)	would like to write an article for the Sheboygan Press Health Page Elizabeth.holte@sheboygancounty.com  SBIRT met today and discussed application for the Medical College of Wisconsin's Change Maker Grant. They met with an academic partner, Leslie Patterson, on 10/21/15, to discuss the grant. Health care will be the area of focus for using SBIRT. The ideas for use of SBIRT were explored at the meeting, Urgent Care, Workplace Health Centers, Emergency Rooms, and Primary Care. Lakeshore CHC is on board to implement SBIRT. Kristin Blanchard, Libby Holte, Karlyn Raddatz, Mary Paluchniak, and Ann Bachach have volunteered to work on the application for the grant.	
Heroin Sub-Committee Update (MaryAdele Revoy)	<b>Take Back Day on October 17, 2015</b> (MaryAdele Revoy) = Was a great success. Two new locations were added, Oostburg & Howards Grove for a total of 5. Approximately 581 pounds were collected. Take Back Days Program is successful and stats show the Take Back Days are being utilized, but also want to educate people on the existence of the permanent boxes in the police stations.	
	Report on Sober Housing Meeting (Lindsay Rick) = Was a great success. Many attendees from the community. Tom Meyer from Aaron's House (all male sober home in Madison) provided a great deal of helpful information and was very motivating. The House is funded on donations and with stipends from the residents. The program now has a women's house and there is a special living unit on UW Campus. Lindsay stated that next steps include: gathering a small group of interested persons wanting to build framework & plan on how to develop and identify funding.	
	Kohler Company offer (Jean Beinemann) = Kohler Company is interested in hearing proposals related to heroin and evidence based	

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	programs/practices. They are not interested in funding the Dose of Reality awareness campaign, but looking for some other programming options.  Stanley Kaymen added that Kohler Company does not like to be the "first year funder" nor do they want to be the only funder. He is asking them to consider supporting Dry Hootch moving into 1907 Club.
	SAMHSA FY16 budget (MaryAdele Revoy) = Focus areas include three specifically for opioid abuse: (1) Medication Assisted Treatment (MAT) for Prescription Drug and Opioid Addiction (\$25 million; increase of \$13 million); (2) Preventing Opioid Overdose-Related Deaths (\$12 million; this is new area to be funded); and (3) Strategic Prevention Framework for Prescription Drugs (\$10 million; this is a new area to be funded). Two other areas of interest are (1) Science of Changing Social Norms (STIGMA) (\$4 million; this is new area to be funded; and (2) SBIRT (\$30 million, which is actually a reduction of \$17 million). A power point presentation on the entire budget can be found at: <a href="http://www.samhsa.gov/budget/fy-2016-budget">http://www.samhsa.gov/budget/fy-2016-budget</a>
	Update on <b>Dissemination of Attorney General Brad Schimel's Media Campaign:</b> "Dose of Reality" (Jean Beinemann) = A small group of committee members (Jean, Mary P., Suzan, Libby, Karlyn, and Liz Abler) met together after the last meeting to talk about options for dissemination (Chamber of Commerce and Sheboygan County Human Resource Managers) and preliminary budgeting on specific mechanisms. Looking at possibility of bus signs, bathroom stalls, radio campaigns including North High radio station, UW-S & LTC. Primary audience is general population but will also need to focus on providers & prescribers. Total ask is about \$7,500. Libby Holte reported that she worked with the media firm to put HSC2020 logo on all items – PDFs are available for anyone who wants to do independent printing. Some materials are already being distributed but campaign is focused to launch in December 2015 and January 2016. Current DHHS budget will cover the costs.
	Update on <b>Narcan Training</b> with ARCW (MaryAdele Revoy) = Kelly Kemps volunteered to be the County contact for Narcan trainings. THANKS KELLY!  All future requests or to register for a training should be done with Kelly Kemps – <a href="mailto:kelzek@yahoo.com">kelzek@yahoo.com</a>
	<u>UPCOMING EVENTS</u> Saturday, November 21, 2015; 5:30pm-8:00pm at St. John's UCC Church = Film "Pleasures Unwoven: a personal journey about addiction" (written by Kevin McCauley, offered by the Institute for Addiction Study). The film is "an in depth look at the debate over whether or not addiction can really be considered a 'disease'?" Contact: Kelly Kemps, <a href="kelzek@yahoo.com">kelzek@yahoo.com</a>
	Tuesday, December 1, 2015; 8:15am-4:30pm at DHHS, Rm. 372 = Opioid webcast. Free! Hosted by DHHS. Register by sending an email to <a href="mailto:healthysheboygan@sheboygancounty.com">healthysheboygan@sheboygancounty.com</a> . You can come for the entire day or for the sections that most interest you.
	<b>Tuesday &amp; Wednesday, December 8-9, 2015</b> = WI Peer Recovery Conference: "Enhancing Systems & Building Inclusive Communities" at Hotel Mead in WI Rapids. Registration fee is \$50. <a href="www.uwsp.edu/conted/ConfWrkShp/Pages/WI-Peer-Recovery-Conference.aspx">www.uwsp.edu/conted/ConfWrkShp/Pages/WI-Peer-Recovery-Conference.aspx</a>
	Saturday, January 23, 2016; 8:30am-4:30pm at 1907 Club = Building a Recovery Community Organization as a Foundation for a Recovery Community Center. John Shinholser, from McShin Foundation, coming to 1907 Club on January 23, 2016 to facilitate training on creating a "recovery oriented system of care", a recovery community center, and an authentic recovery community organization. Lunch and snacks provided. 1907 Club would like to become a Recovery Community Organization (RCO) and the physical building would become a Recovery Community Center (RCC). On Friday, January 22, 2016, John would like to visit County Jail. On Friday evening (January 22, 2016- exact time to be announced) there be a showing of the film "Anonymous People" at 1907 Club with a Q&A afterwards.
	Monday, February 22, 2016; 7:00pm-9:00pm at 1907 Club = Dr. Caroline Baxter, Prevea Sheboygan psychiatrist, will be speaking about the leading

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	medication for treating opioid (pain pills such as Vicodin and Oxycodone, and Heroin) addiction, Suboxone. Come learn about treatments available for opioid addiction in a friendly, educational environment. For further questions email <a href="mailto:info1907@gmail.com">info1907@gmail.com</a>		
Stigma Sub-Committee Update (Kate Baer)	<ul> <li>Mental Health Substance Abuse Resource Fair at RCS again will be on the first Tuesday, May 3, 2016; time 4:30pm-7:00pm. Last year there were over 50 vendors at the fair for community members.</li> <li>HOPE train-the-trainer: Monday Dec 21 &amp; Tues Dec 22, 2015; same training 2 days in a row, email sent out next week; 25 people limit per day;</li> <li>MHA chosen as community agency for training in WISE – stigma elimination; statewide initiative to reduce stigma, started out of Rogers –has a little funding; WISE still in infancy of development;</li> <li>Kate will do a presentation at 7pm on 11/18/15, for Lakeland College's Think house at the John Kohler Art Center – It is a 20 minute talk on reducing stigma of mental health issues and addiction.</li> <li>Suicide Prevention discussion, "The Doctor Is In" presented by Dr. Tim Lineberry and Dr. David Jobes on Thursday 11/12/15, had 150 community members attend for the evening talk. There was great coverage of the event in the Sheboygan Press's Sunday front page. On 11/13/15, a full day presentation had 29 clinicians attended the training; most learned a great deal with the need to treat suicidality as its own issue – need special capacity when dealing with patient who is suicidal; training extended can be done on-line.</li> <li>Dr Jobes' online training in CAMS can be accessed free now through 6/30/16 see below flyer.</li> </ul>		
Other	Tobacco prevention (Liz Abler) = Small group of individuals (Cath Pape, Jan Scholke, Kristine Feggestad and Liz Abler) continue working on tobacco prevention. Great American Smoke Out activities will be done at the Open door and at UW-Sheboygan.  Forward by email any community events to Info Specialist, Allie Iserloth, to put on the electronic TV board in DHHS reception room Super Saturday, AHC enrollment, is December 12 from 10-2pm at Mead Library.		