



## HSC 2020 Mental Health & Substance Abuse [MHSA] Community Health Committee

### HEROIN SUB-COMMITTEE MINUTES

<b>DATE:</b>	<b>Wednesday, December 9, 2015; 3:00pm-4:30pm</b>	<b>LOCATION:</b>	Sheboygan Dept. of Health & Human Services, Rm. 372
<b>PRESIDING:</b>	MaryAdele Revoy, Community Volunteer		
<b>PRESENT:</b>	Libby Holte (DHHS-PHE); Suzan Thiel (DHHS-Public Health); Jean Beineman (DHHS-Public Health); Gail Schmeiser (Aurora); Mary Paluchniak (St. Nick's); Kelly Kemps (I Love My Addict); Angel Glynn (community volunteer); Lyric Glynn (community volunteer); Mary Karls; Deb Schmidt; Annette Selk; Kim Meller (Community Volunteer); Liz Campion; Lindsay Rick		
<b>ABSENT:</b>	Officer Todd Kronberg (PPD), Captain Veaser (SPD),		
<b>RECORDER:</b>	MaryAdele Revoy, Community Volunteer		
<b>NEXT MEETING:</b>	Wednesday, January 13, 2016		

PILLAR	TOPICS
Welcome & Introductions	Officer Todd Kronberg is recuperating from rotator cuff repair surgery. We wish him well.
<b>Heroin Action Plan</b>	MaryAdele Revoy displayed a new document that Pillar Captains and teams can use to manage all the tasks on the Action Plan. It is not a mandatory form, but something that may be helpful to track what is being done. See <b>attachment</b> in email: Action Plan Steps for Prevention Pillar.
<b>Prevention Pillar</b> [Pillar Captain: DHHS Public Health Staff]	<p>Quick Updates on:</p> <ol style="list-style-type: none"> <li>1) University of Michigan Injury Center – Opioid Overdose Summit [webinar on Dec 1, 2015] (committee members) – good seminar, full of great information. Referenced a report by the CDC on the prescribing pattern in 8 states that show abuse; report can be read at: <a href="#">REPORT</a> Power point slides are on-line for people to go through at Univ of Michigan side share site: <a href="#">SLIDES</a></li> <li>2) Update on Dissemination of Attorney General Brad Schimel's Media Campaign (Libby Holte) –DHHS had money available to spend before the end of the budget period, so they are able to order copies of the materials and buy supplies for the Take-Back Medication Days (approx. \$7,000) Available to pick-up are: Postcards with 5 permanent box info on the back, and flyers of Dose of Reality – Myth of prescribed painkillers. Bus signs (both in the bus and on the outside of the bus) have been ordered along with posters for bathroom stalls. May be able to reserve 2-4 billboards. It will be difficult to measure any community impact or success with this effort, but education is needed. Contact Libby Holte to pick up copies: <a href="mailto:Elizabeth.holte@sheboygancounty.com">Elizabeth.holte@sheboygancounty.com</a></li> <li>3) Dr. Baxter offering information session on medication assisted treatment at 1907 Club on Monday, February 22, 2016 at 7pm at 1907 Club. Event and flyer are posted on <a href="#">HSC2020 website</a> <b>Flyer is also attached.</b></li> <li>4) John Shinholser, from the <a href="#">McShin Foundation</a>, coming to 1907 Club on January 23, 2016 to facilitate training on creating a “recovery oriented system of care” (MaryAdele Revoy) - 1907 Club Board has submitted letters to Sheboygan Police Department and DHHS for financial support – both will helping with costs for that day. [THANK YOU!] Club members will also be donating their time, talent and money to make the event a</li> </ol>

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	<p>success. Suggested donation box will also be posted at the event. Event and flyer are posted on <a href="#">HSC2020 website</a> Flyer is also attached.</p> <p>5) On Friday, January 22, 2016 there will be a showing of “Anonymous People.” John Shinholser is one of the “stars” of the film and will be present for Q &amp; A after the film. Event and flyer are posted on <a href="#">HSC2020 website</a> Flyer is also attached.</p> <p><b>DISCUSSION:</b></p> <p><b>(A) What do we want as our message(s) when doing public presentations &amp; prevention?</b>  Libby Holte and MaryAdele led a discussion regarding the importance of messaging and what it means to have a consistent message when starting a public education campaign. Everyone is encouraged to suggest items to be included in messaging. <b>TAKE AWAY TASK: send ideas or suggestions to <a href="mailto:HSC2020@sheboygancounty.com">HSC2020@sheboygancounty.com</a></b> An update will be provided at the January 13, 2016 on items submitted and what possibilities are out there.</p> <p><b>(B) DOCUMENT #2 What topics should be used with what audiences? Sample matrix.</b>  MaryAdele displayed a sample matrix listing the topics that could be included in a public presentation and the types of audiences that have received heroin presentations for consideration. Discussion included the types of audiences and their specific needs. For example: schools = what are their needs, are there tool-kits available to use; would there be school students or groups who would like to take the lead? NIDA has school curriculums –some are free and are evidence based. Presentations will be conducted by a group of presenters (possibly 3) who represent different disciplines and groups. For example, public health, law enforcement, medical staff, family member, researcher, etc. Kelly Kemps reported that she is already doing presentations to her church youth groups and Boy Scout troops – WAY TO GO KELLY! – she was encouraged to continue and provide presentation information to DHHS for data collection. Public Health Nurses will be presenting information from the <a href="#">“Good Drugs Gone Bad”</a> curriculum to the Seniors through the Senior Lunch program. This particular curriculum has versions for youth, adult and seniors. A few committee members have already been trained as facilitators. DHHS Public Health staff will be in charge of the Prevention &amp; Education Pillar. They will work on strategic plan for presentations. <b>TAKE AWAY TASK: Think about your area of knowledge and what information you would like on a slide or handout – what is crucial information that needs to be shared. Send ideas, information to be added, or suggestions to <a href="mailto:HSC2020@sheboygancounty.com">HSC2020@sheboygancounty.com</a></b> An update will be provided at the January 13, 2016 on items submitted and what possibilities are out there.</p>
<p><b>Harm Reduction Pillar</b>  [still looking for a Pillar Captain]</p>	<p>1) Take-Back Medication Day Procedures Packet = MaryAdele displayed a packet of information for volunteers to use when planning Take-Back Days. This information will hopefully minimize confusion and make the process more efficient. MaryAdele Revoy received great feedback from Penny Weber and Captain Veaser at SPD [THANK YOU!] She will address those. <b>TAKE AWAY TASK: For individuals involved in Take-Back Days, please review the packet and provide feedback/changes.</b> Please send them to MaryAdele before the next meeting <a href="mailto:maryadele_revoy@yahoo.com">maryadele_revoy@yahoo.com</a> Packet is attached.</p> <p>2) Update on Narcan Training with ARCW (Kelly Kemps) = Kelly reported that parents are still wanting a training this year (2015). She is waiting to hear from ARCW if they have any open dates. Questions arose to whether ARCW staff get paid for their time to do a training and/or mileage reimbursement. If not, Kelly would like to provide them something. <b>TAKE AWAY TASK: members are encouraged to educate colleagues/public that the trainings are available –they should contact Kelly for specific information.</b> <a href="mailto:kelzk@yahoo.com">kelzk@yahoo.com</a>  Clairfication was provided that she can organize as many trainings are needed each upcoming year. Members will be encouraged to help with all marketing efforts (newspaper submissions, FB posts, announcements at staff meetings, etc.)</p> <p>3) Narcan Training Packet = MaryAdele displayed a packet of information for volunteers to use when hosting narcan trainings. This includes</p>

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	<p>information on how to get started, data to be gathered, copy of the “Anonymous Survey” and an Email Sign-Up Sheet. Kelly Kemps was asked to review packet for changes &amp; feedback. <b>TAKE AWAY TASK: If you are interested in narcan trainings and want to learn how to host an event, please read the packet and provide feedback to MaryAdele before the next meeting <a href="mailto:maryadele_revoy@yahoo.com">maryadele_revoy@yahoo.com</a></b> Packet is attached.</p>
<p><b>Treatment Pillar</b> [Pillar Captain: Lindsay Rick &amp; DHHS staff]</p>	<p>Lindsay Rick provided the following updates.</p> <ol style="list-style-type: none"> <li>1) Upcoming Training for AODA Treatment Providers on <a href="#">ASAM [American Society of Addiction Medicine]</a> on January 28 &amp; 29, 2016. There are 8 remaining spots and participants must be licensed AODA treatment providers. ASAM is part of a multidimensional placement criteria to determine what level of care a patient would need. It serves as a guiding tool for treatment providers. If you are a licensed treatment provider and are interested in the training, contact Lindsay Rick <a href="mailto:Lindsay.rick@sheboygancounty.com">Lindsay.rick@sheboygancounty.com</a></li> <li>2) Need follow-up to the successful meeting on Aaron’s House – momentum is there to continue researching the possibility of a sober house/living in Sheboygan county, but we need a workgroup to continue that work. Note that detox beds are different than sober housing. DHHS is offering 2 detox beds with their new building. NEED A STRATEGIC PLAN to move forward. Kim Meller noted that she is also looking into possibilities. <b>TAKE AWAY TASK: If interested in being part of the workgroup, contact Lindsay Rick <a href="mailto:Lindsay.rick@sheboygancounty.com">Lindsay.rick@sheboygancounty.com</a></b></li> </ol> <p>Announcement that DHHS recently changed treatment providers for residential services = Genesis will no longer offer services. New contract is being negotiated with PATHWAYS (in Kiel) and not officially signed yet.</p>
<p><b>Workplace Pillar</b> [Pillar Captain: MaryAdele Revoy]</p>	<p>No movement in this area.</p>
<p><b>Budget/Funding</b></p>	<p>HSC2020 Leadership Council met to discuss budget. Decision was made that there will not be one large “pot of money” to disseminate. Instead, committees and initiatives are encouraged to go back to previous funders to continue their financial report. If there are no past donors, then they can come to the Leadership Council for support. Letter for requesting funding should include description of project, how it fits into the Action Plan, and a full budget for the event/initiative. No movement on proposal for Kohler Company or grant applications.</p>
<p>Heroin Subcommittee Structure</p>	<p>Discussion on pillar captains, pillar meetings and use of email communication to promote more efficient planning and implementation. It was decided that having Pillars have their own meetings or do work through technology (conference calls, emails, Skype) would be a better method to get work done. The larger, monthly, committee meeting would be a time for each Pillar to report and check-in with who needs support, the success of projects and discussion on the “big picture”. Everyone should still plan on coming to the next meeting on January 13, 2016 to discuss developments and finalize Pillar Captains and structure.</p>